

1973 season...

non league meet

bell-jeff invitational

Griffith Park

Distance Boys - 2.0
miles

Girls - 1.0 mile

September 15, 1973

BOYS **TIME**

Jeff Palmer	13:57
Tim Goettsch	14:29
Gary Ishibashi	14:58
Glenn Stephens	15:11
Clyde Cummings	15:28
Jeff Zabriskie	15:35
Alvin Tenpo	15:39
John Bricker	15:39
Dean Lathrop	15:50
Phil Briganti	16:00
Mike McGowan	16:10
Casey Bricker	16:15
Ron Oestreich	16:20
Steve Flynn	17:42
Chris Olsen	17:48
Rich Welch	18:30

Andres Rodriguez	18:43	ran further than 2 miles
Chris Watson	19:18	ran further than 2 miles
Mike Johnson	19:36	ran further than 2 miles

GIRLS

Jaydee Folkens	6:35
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1973 season...

non league meet

moorpark invitational

Moorpark College

Distance 2.0 miles

September 22, 1973

VARSITY	TIME	PLACE	
Ron Pyles	10:01	3	Team Finish 6th Place
Jeff Palmer	10:20	19	
Tim Goettsch	11:03	50	
Gary Ishibashi	11:06	52	
Alvin Tenpo	11:13	59	
Clyde Cummings	11:36	66	
Steve Flynn	11:47	70	

JUNIOR VARSITY			
John Drapeau	11:46	22	Team Finish 5th Place
Mike McGowan	11:56	28	
Chris Kelly	12:07	37	
John Bricker	12:17	42	
Jim Gatz	12:17	43	
Keith Pickett	12:41	57	
Chris Olsen	12:46	60	
Rich Welch	13:17	74	
Gary Patrick	13:23	80	
Glenn Nakama	13:50	90	
Frank Mazza	14:11	101	
Robert Yancey	15:58	107	

FROSH / SOPH			
Andres Rodriguez	11:04	7	Team Finish 1st Place
Dean Lathrop	11:13	12	
Jeff Zabriskie	11:13	13	
Chris Watson	11:13	14	
Curtis Drapeau	11:13	15	

Ron Oestreich	11:31	27
Chris Griswold	11:39	30
Iain MacDonald	11:52	45
Phil Briganti	11:54	46
Casey Bricker	11:57	48
Tony Scarcella	12:18	58
Jaydee Folkens	13:42	95

1973 season...

bay league meet

TORRANCE vs. SANTA MONICA

Distance 3.0 miles

September 28, 1973

Varsity TIME PLACE

Glenn Stephens	15:36	2	Torrance 28 - Santa Monica 27
Ron Pyles	15:46	3	
Jeff Palmer	16:01	4	
Tim Goettsch	16:35	9	
Gary Ishibashi	16:52	10	
Steve VanMeter	16:59	11	
Andres Rodriguez	17:32	14	

JUNIOR VARSITY

Alvin Tenpo	16:40	1	Torrance 24 - Santa Monica 34
Clyde Cummings	17:07	3	
Steve Flynn	17:33	5	
John Bricker	17:34	6	
Mike McGowan	18:05	9	
John Drapeau	18:11	10	
Keith Pickett	18:12	11	
Doug Fleming	18:17	12	
Mark Yamamoto	18:26	15	
Jim Gatz	18:54	17	
Chris Olsen	19:42	19	
Steve Katz	20:41	21	
Frank Mazza	22:32	22	

FROSH / SOPH

Chris Watson	16:59	2
Dean Lathrop	17:17	3
Ron Oestreich	17:20	4
Curtis Drapeau	17:27	5
Jeff Zabriskie	17:28	6
Phil Briganti	17:42	9
Casey Bricker	17:51	10
Iain MacDonald	18:12	11
Chris Kelly	18:19	12
Chris Griswold	19:06	13
Jeff Moss	19:20	15
Tony Scarcella	19:24	16
Rich Welch	20:29	22
Glenn Nakama	20:31	23
Jaydee Folkens	20:36	24
Gary Patrick	20:38	25
Mike Johnson	20:41	27
Bill Dances	21:10	28
Jim Folkens	23:49	29
Robert Yancey	24:52	30

Torrance 20 - Santa Monica 47

1973 season...

non league meet

morningside invitational

Centinela Park

Distance 2.0 miles

September 29, 1973

SENIORS TIME PLACE

Glenn Stephens	10:32	10	Team Finish 4th Place
Tim Goettsch	11:13	26	
Jeff Palmer	11:15	30	
Alvin Tenpo	11:21	34	
Gary Ishibashi	11:29	38	

John Bricker	12:23	61
Chris Olsen	13:03	69

JUNIORS

Ron Pyles	10:38	5	Team Finish 5th Place
Steve VanMeter	10:57	9	
Clyde Cummings	12:05	56	
Steve Flynn	12:09	59	
Doug Fleming	12:20	67	
Jim Gatz	12:31	73	
Frank Mazza	14:26	102	

SOPHOMORES

Dean Lathrop	11:28	11	Team Finish 2nd Place
Curtis Drapeau	11:38	16	
Jeff Zabriskie	11:39	19	
Ron Oestreich	11:53	23	
Andres Rodriguez	12:06	31	
Chris Griswold	12:09	34	
Casey Bricker	12:14	40	
Phil Briganti	12:17	44	
Iain MacDonald	12:27	49	
Glenn Nakama	13:55	101	

FRESHMEN

Chris Watson	11:43	4	Team Finish 5th Place
Chris Kelly	12:23	15	
Tony Scarcella	12:41	19	
Mike Johnson	13:33	31	
Jim Folkens	13:45	34	
Gary Patrick	14:12	42	
Bill Dances	15:29	54	
Jaydee Folkens	16:27	61	

1973 season...

bay league meet

TORRANCE vs. NORTH
TORRANCE

Distance 2.95 miles

October 5, 1973

Varsity TIME PLACE

Glenn Stephens	16:21	1	Torrance 23 - North Torrance 33
Jeff Palmer	16:49	3	
Tim Goettsch	17:01	4	
Steve VanMeter	17:04	6	
Ron Pyles	17:33	9	
Gary Ishibashi	17:40	10	
Alvin Tenpo	18:01	12	

**JUNIOR
Varsity**

Clyde Cummings	18:06	1	Torrance 16 - North Torrance 46
John Bricker	18:26	2	
Jim Sweeney	18:36	3	
Steve Flynn	18:47	4	
Mike McGowan	19:04	6	
Doug Fleming	19:11	7	
Chris Olsen	19:44	11	
Keith Pickett	19:54	12	
Mark Yamamoto	19:55	13	
Frank Mazza	22:23	20	

SOPHOMORE

Andres Rodriguez	17:38	1	Torrance 17 - North Torrance 47
Dean Lathrop	17:42	2	
Jeff Zabriskie	17:43	3	
Curtis Drapeau	18:05	5	
Ron Oestreich	18:07	6	
Chris Griswold	18:30	8	
Iain MacDonald	18:33	9	
Phil Briganti	18:53	11	
Casey Bricker	19:02	13	
Gary Patrick	20:59	17	
Jaydee Folkens	21:14	19	
Mike Johnson	21:30	20	
Glenn Nakama	21:48	21	
Robert Yancey	25:44	23	

FRESHMAN

Chris Watson	17:58	1	Torrance 40 - North Torrance 23
Chris Kelly	19:12	5	
Tony Scarcella	19:35	7	
Jim Folkens	22:18	13	
Robert Proebstl	22:24	14	
Ed Unzueta	22:47	17	
Bill Dances	23:03	18	

1973 season...

bay league meet

TORRANCE vs. WEST

TORRANCE

Distance 3.0 miles

October 12, 1973

VARSIITY

TIME PLACE

Glenn Stephens	15:19	1	Torrance 29 - West Torrance 26
Ron Pyles	15:32	3	
Jeff Palmer	15:36	6	
Tim Goettsch	15:52	9	
Steve VanMeter	16:07	10	
Gary Ishibashi	16:24	12	
Alvin Tenpo	17:06	14	

JUNIOR

VARSIITY

Jim Sweeney	16:50	2	Torrance 21 - West Torrance 37
John Bricker	16:55	3	
Clyde Cummings	16:58	4	
John Drapeau	17:00	5	
Steve Flynn	17:07	7	
Doug Fleming	17:22	9	
Mike McGowan	17:44	11	
Keith Pickett	17:51	13	
Mark Yamamoto	17:54	14	
unk	18:00	16	
Chris Olsen	19:33	19	
Frank Mazza	20:04	21	

SOPHOMORE

Andres Rodriguez	16:08	1	Torrance 23 - West Torrance 36
Curtis Drapeau	16:27	4	
Ron Oestreich	16:29	5	
Jeff Zabriskie	16:35	6	
Dean Lathrop	16:44	7	
Iain MacDonald	16:58	9	
Chris Griswold	17:12	11	
Casey Bricker	17:19	12	
Phil Briganti	17:29	14	
unk	18:23	19	
Gary Patrick	19:24	22	
Glenn Nakama	19:30	23	
Mike Johnson	19:35	25	
Jaydee Folkens	19:46	26	
Robert Yancey	21:22	27	

FRESHMAN

Chris Watson	17:04	1	Torrance 29 - West Torrance 30
Chris Kelly	17:17	2	
Tony Scarcella	17:21	3	
Mark Young	18:56	12	
Ed Unzueta	19:53	20	
Robert Proebstl	20:15	24	
Jim Folkens	20:44	26	
Brian Lockhart	20:51	27	
Mark Fulford	21:09	30	
Bill Dances	21:51	33	
Jim Blethrow	23:53	38	
Joe Allsbrook	24:21	41	

1973 season...

non league meet

el camino invitational

Distance 2.0 miles

October 13, 1973

VARSAITY **TIME PLACE**

Glenn Stephens	10:20	3	Team Finish 1st / 4
Jeff Palmer	10:30	7	
Steve VanMeter	10:34	10	
Ron Pyles	10:40	12	
Tim Goettsch	10:47	14	
John Bricker	11:41	25	
Phil Briganti	12:04	28	

JUNIOR

VARSAITY

Gary Ishibashi	10:59	4	Team Finish 2nd / 3
Alvin Tenpo	11:01	5	
John Drapeau	11:03	7	
Clyde Cummings	11:05	9	
Casey Bricker	11:18	12	
Doug Fleming	11:20	14	
Steve Flynn	11:36	17	

SOPHOMORE

Andres Rodriguez	10:49	3	Team Finish 2nd / 5
Ron Oestreich	11:04	6	
Dean Lathrop	11:16	11	
Jeff Zabriskie	11:18	12	
Curtis Drapeau	11:21	13	
Iain MacDonald	11:33	19	
Chris Griswold	11:40	23	

FRESHMAN

Chris Watson	11:09	2	Team Finish 4th / 6
Chris Kelly	11:35	9	
Tony Scarcella	11:41	12	
Mark Young	12:29	27	
Ed Unzueta	13:06	37	
Robert Proebstl	13:11	38	
Jim Folkens	13:50	40	

FUN RUN

Jim Gatz	11:52	
Chris Olsen	12:24	
Mike Johnson	12:34	

Jaydee Folkens	12:54
Glenn Nakama	13:07
Gary Patrick	13:17
John Kerstiens	13:52
Bill Dances	14:31
Mark Fulford	14:32
Robert Yancey	16:08
Joe Allsbrook	16:26
Jim Blethrow	16:48
Jeff Cook	17:30

1973 season...

bay league meet

TORRANCE vs. ROLLING HILLS

Distance 3.0 miles

October 19, 1973

VARSITY **TIME PLACE**

Glenn Stephens	15:19	2	Torrance 23 - Rolling Hills 33
Ron Pyles	15:29	3	
Jeff Palmer	15:33	4	
Steve VanMeter	15:48	5	
Tim Goettsch	16:11	9	
Gary Ishibashi	16:40	10	
Alvin Tenpo	16:59	13	

JUNIOR

VARSITY

John Drapeau	16:43	1	Torrance 25 - Rolling Hills 33
John Bricker	16:47	2	
Steve Flynn	17:07	6	
Clyde Cummings	17:10	7	
Mark Yamamoto	17:23	9	
Jim Sweeney	17:26	10	
Jim Gatz	17:28	11	
Doug Fleming	17:29	12	
Keith Pickett	17:34	14	
Mike McGowan	18:09	15	

Victor Sasuga	18:35	17
Chris Olsen	18:49	18
Frank Mazza	20:31	20

SOPHOMORE

Andres Rodriguez	16:23	1	Torrance 23 - Rolling Hills 32
Dean Lathrop	16:48	4	
Jeff Zabriskie	16:52	5	
Curtis Drapeau	16:57	6	
Iain MacDonald	17:03	7	
Casey Bricker	17:38	12	
Chris Griswold	unk	14	
Jose Alonzo	unk	15	
Phil Briganti	unk	16	
Gary Patrick	19:30	19	
Mike Johnson	19:43	20	
Glenn Nakama	19:55	21	
Jeff Moss	20:40	23	
Robert Yancey	25:06	25	

FRESHMAN

Chris Watson	17:01	1	Torrance 27 - Rolling Hills 28
Chris Kelly	17:38	4	
Tony Scarcella	17:51	5	
Mark Young	18:28	7	
Ed Unzueta	19:45	10	
John Kerstiens	20:20	12	
Robert Proebstl	20:28	13	
Dave Christie	20:34	14	
Jim Folkens	20:43	15	
Brian Lockhart	20:44	16	
Eileen Hayashida	20:45	17	
Bill Dances	22:15	18	
Mark Fulford	22:38	19	
Jim Blethrow	24:41	20	
Jeff Cook	24:51	21	
Joe Allsbrook	24:51	22	

1973 season...

non league meet

palos verdes invitational

Distance 2.2 miles

October 20, 1973

VARSITY	TIME	PLACE	
Race 1 - Alvin Tenpo	12:53	14	Team Finish 7th / 25
Race 2 - Gary Ishibashi	12:36	11	
Race 3 - Tim Goettsch	12:37	13	
Race 4 - Steve VanMeter	12:01	7	
Race 5 - Jeff Palmer	12:03	10	
Race 6 - Ron Pyles	11:52	6	
Race 7 - Glenn Stephens	12:20	19	

JUNIOR VARSITY

Jim Sweeney	12:43	3	Team Finish 3rd / 9
John Drapeau	12:51	8	
Clyde Cummings	13:04	10	
Doug Fleming	13:11	16	
Steve Flynn	13:49	31	

SOPHOMORE

Andres Rodriguez	12:35	4	Team Finish 2nd / 9
Curtis Drapeau	12:49	9	
Jeff Zabriskie	12:58	13	
Dean Lathrop	13:05	15	
Iain MacDonald	13:05	16	

FRESHMAN

Chris Watson	13:03	2	Team Finish 6th / 7
Tony Scarcella	13:15	4	
Mark Young	14:31	31	
Ed Unzueta	15:17	40	

John Kerstiens 15:22 41
Robert Proebstl 15:43 44

1973 season...

bay league meet

TORRANCE vs. CENTENNIAL

Distance 3.0 miles

October 26, 1973

Varsity Time Place

Steve VanMeter	15:55	2	Torrance Wins - Centennial Forfeits
Glenn Stephens	16:12	3	
Jeff Palmer	16:13	4	
Ron Pyles	16:22	5	
Tim Goettsch	16:23	6	
John Drapeau	16:26	7	
Gary Ishibashi	16:44	9	
Alvin Tenpo	16:51	10	

JUNIOR

No other results found

Varsity

SOPHOMORE

FRESHMAN

1973 season...

bay league meet

TORRANCE vs. PALOS VERDES

Distance 3.0 miles

November 2, 1973

Varsity Time Place

Ron Pyles	17:12	3	Torrance 35 - Palos Verdes 20
Steve VanMeter	17:20	5	
Jeff Palmer	17:35	8	
Tim Goettsch	17:39	9	
Glenn Stephens	18:02	10	

Gary Ishibashi	18:34	13
John Drapeau	18:39	14

**JUNIOR
VARSITY**

Jim Sweeney	18:15	2	Torrance 33 - Palos Verdes 22
John Bricker	18:53	5	
Doug Fleming	18:56	7	
Keith Pickett	19:27	9	
Clyde Cummings	19:33	10	
Alvin Tenpo	19:38	11	
Mike McGowan	19:51	12	
Mark Yamamoto	19:54	13	
Jim Gatz	19:57	14	
Steve Flynn	21:00	15	
Chris Olsen	unk	19	
Frank Mazza	unk	20	

SOPHOMORE

Andres Rodriguez	18:03	3	Torrance 34 - Palos Verdes 21
Ron Oestreich	18:13	5	
Jeff Zabriskie	18:17	7	
Curtis Drapeau	18:31	9	
Dean Lathrop	18:49	10	
Iain MacDonald	18:52	11	
Casey Bricker	19:37	14	
Chris Griswold	19:42	15	
Jose Alonzo	19:43	16	
Phil Briganti	20:41	17	
Jeff Moss	20:41	18	
Glenn Nakama	21:55	21	
Rich Welch	21:59	22	
Gary Patrick	22:18	23	
Mike Kumamoto	22:22	24	
Mike Johnson	22:38	25	
Robert Yancey	28:15	26	

FRESHMAN

Chris Watson	18:44	4	Torrance 45 - Palos Verdes 17
Chris Kelly	19:42	8	

Tony Scarcella	20:15	10
Mark Young	20:34	12
Jay Christiansen	20:35	13
Robert Proebstl	21:53	18
John Kerstiens	22:03	19
Ed Unzueta	23:19	20
Eileen Hayashida	23:21	21
Mark Fulford	23:23	22
Bill Dances	23:27	23
Jim Folkens	23:46	25
Jeff Cook	27:46	26
Joe Allsbrook	27:50	27

1973 season...

bay league meet

TORRANCE vs. SOUTH

TORRANCE

Distance 3.0 miles

November 9, 1973

VARSIITY

TIME PLACE

Ron Pyles	15:05	1	Torrance 15 - South Torrance 45
Glenn Stephens	15:14	2	
Steve VanMeter	15:29	3	
Jeff Palmer	15:35	4	
Tim Goettsch	15:40	5	
Gary Ishibashi	16:04	7	
Jim Sweeney	16:13	11	

JUNIOR

VARSIITY

John Drapeau	16:11	1	Torrance 17 - South Torrance 46
Doug Fleming	16:43	2	
John Bricker	16:46	3	
Alvin Tenpo	16:48	5	
Mark Yamamoto	16:56	6	
Steve Flynn	16:57	7	
Jim Gatz	17:03	8	

Clyde Cummings	17:10	10
Keith Pickett	17:14	12
Mike McGowan	17:23	13
Chris Olsen	18:09	19
Frank Mazza	19:40	21

SOPHOMORE

Andres Rodriguez	16:13	1	Torrance 15 - South Torrance 50
Curtis Drapeau	16:16	2	
Ron Oestreich	16:18	3	
Jeff Zabriskie	16:20	4	
Iain MacDonald	16:22	5	
Dean Lathrop	16:25	6	
Chris Griswold	16:53	7	
Jose Alonzo	16:57	9	
Casey Bricker	17:39	11	
Jeff Moss	17:49	12	
Phil Briganti	18:03	14	
Mike Kumamoto	18:19	16	
Mike Johnson	18:44	19	
Rich Welch	18:49	22	
Glenn Nakama	18:50	23	
Gary Patrick	18:59	25	

FRESHMAN

Chris Watson	16:37	1	Torrance 21 - South Torrance 35
Chris Kelly	17:18	2	
Tony Scarcella	17:26	3	
Mark Young	17:37	4	
Jay Christiansen	18:17	11	
John Kerstiens	18:25	12	
Robert Proebstl	18:49	17	
Ed Unzueta	19:09	18	
Jim Folkens	19:27	19	
Eileen Hayashida	19:50	21	
Mark Fulford	20:01	23	
Bill Dances	20:10	25	
Dave Christie	20:23	26	
Jeff Cook	21:04	28	
Joe Allsbrook	21:07	29	

1973 season...

bay league meet

BAY LEAGUE FINALS

Distance 3.0 miles - Centinela Park

November 16, 1973

VARSITY	TIME	PLACE	
Ron Pyles	17:19	5	League Finish 3rd Place
Glenn Stephens	17:32	10	
Steve VanMeter	17:37	13	
Jeff Palmer	17:40	15	
John Drapeau	17:46	20	
Tim Goettsch	17:52	23	
Gary Ishibashi	18:13	32	

JUNIOR

VARSITY	TIME	PLACE	
John Bricker	18:33	6	League Finish 1st Place
Alvin Tenpo	18:48	10	
Doug Fleming	18:53	13	
Clyde Cummings	19:07	15	
Mike McGowan	19:37	27	
Mark Yamamoto	19:39	28	
Keith Pickett	19:45	30	
Steve Flynn	20:10	43	
Chris Olsen	20:13	44	
Frank Mazza	21:16	63	
Jim Gatz	21:18	64	

SOPHOMORE

Andres Rodriguez	18:08	3	League Finish 1st Place
Curtis Drapeau	18:26	8	
Jeff Zabriskie	18:27	9	
Iain MacDonald	18:29	10	
Ron Oestreich	18:32	13	
Chris Griswold	19:07	26	

Casey Bricker	19:33	38
Jose Alonzo	19:37	39
Dean Lathrop	20:00	41
Jeff Moss	21:37	55
Mike Kumamoto	22:12	63
Mike Johnson	23:32	64
Gary Patrick	23:33	68
Glenn Nakama	23:53	69
Rich Welch	24:43	71
Robert Yancey	29:12	83

FRESHMAN

Chris Watson	18:27	3
Chris Kelly	19:29	12
Tony Scarcella	19:32	14
Mark Young	19:58	20
Jay Christiansen	20:53	42
John Kerstiens	21:09	45
Robert Proebstl	21:47	52
Ed Unzueta	22:08	56
Jim Folkens	23:09	60
Mark Fulford	23:11	61
Dave Christie	23:40	72
Jeff Cook	23:50	75
Joe Allsbrook	24:05	77
Bill Dances	24:05	78
Jim Blethrow	24:56	80

League Finish 3rd Place