

1990 season...

ocean league meet

TORRANCE vs MORNINGSIDE

September 13, 1990

No Results - Race not run

1990 season...

non league meet

woodbridge invitational

Woodbridge High School - Irvine

Distance - 3 miles

September 15, 1990

SENIOR BOYS TIME

Israel Pose 15:09

Kamy Akhavan 20:00

VARSAITY GIRLS

Shelene Dale 20:53

Lisa Liebenau 21:34

Wendy McCamish 21:40

Heidi Romero 21:49

Jessica Reifer 22:05

Julie Schubarth 22:43

Linda Valleni 23:26

JUNIOR BOYS

Anis Merchant 16:53

John Rashti 17:13

Allan Shuldiner 18:29

Mike Goode	18:38
Rod Arseculeratne	19:28
Steve Shin	20:30
Mark Martel	22:00
Kent Chase	22:46
Russell Watanabe	23:17

JV GIRLS

Kristen Hendrix	22:53
Laura Kalty	23:24
Lesley Smith	26:48

SOPH BOYS

Jeremy Hill	17:52
Keven Molina	18:28
Yoshi Honjo	18:46
Aaron Lamas	20:18

FROSH / SOPH GIRLS

Jennifer Mandel	23:32
Amber Whitwell	23:35
Liza Bonelli	26:04
Rachel Morris	27:33
Kristina Hopkins	31:08
Shannon Byrne	35:00

1990 season...

non league meet

TORRANCE vs REDONDO UNION

Course : Redondo

September 20, 1990

VARSITY BOYS

TIME PLACE

Israel Pose	15:15	1	Torrance 30 - Redondo 25
Anis Merchant	17:11	4	

John Rashti	17:25	6
Jeremy Hill	18:03	9
Mike Goode	18:35	10
Keven Molina	18:47	11
Yoshi Honjo	19:03	12

COMBINED GIRLS

Lisa Liebenau	20:51	1	Torrance 15 - Redondo 50
Shelene Dale	20:58	2	
Jessica Reifer	21:42	3	
Heidi Romero	21:59	4	
Wendy McCamish	22:20	5	
Kristen Hendrix	22:21	6	
Julie Schubarth	22:22	7	
Linda Valleni	22:47	10	
Laura Kalty	22:51	11	
Amber Whitwell	23:23	12	
Lesley Smith	25:08	14	
Nicole Martel	25:14	15	
Kristina Hopkins	26:06	17	
Liza Bonelli	26:09	19	
Summer Breese	28:03	22	
Shannon Byrne	37:36	25	

COMBINED BOYS

Aaron Lamas	19:07	2	Torrance 20 - Redondo 41
Kenny Yee	19:10	3	
Rod Arseculeratne	19:20	4	
Kamy Akhavan	19:28	5	
Steve Shin	19:48	6	
Tommy Whang	20:04	8	
Larry Inero	20:20	9	
Kent Chase	21:42	16	
Alex Chandler	21:55	17	
Chris Richardson	22:13	18	
Mark Martel	22:47	21	
Russell Watanabe	23:18	22	
Shawn Velarde	30:43	24	

1990 season...

non league meet

warren invitational

Cal State Dominguez Hills

Distance - 3 miles

September 22, 1990

VARSITY BOYS	TIME	PLACE
Israel Pose	14:59	2
John Rashti	16:45	36
Anis Merchant	16:52	38
Jeremy Hill	17:02	44
Keven Molina	17:50	75
Mike Goode	17:56	78
Allan Shuldiner	18:13	85

TEAM FINISH 6th / 16

VARSITY GIRLS

Shelene Dale	20:31	10
Heidi Romero	20:45	16
Lisa Liebenau	20:56	21
Wendy McCamish	21:38	30
Julie Schubarth	21:39	31
Kristen Hendrix	22:08	39
Linda Valleni	22:38	53

TEAM FINISH 5th / 10

JV BOYS

Rod Arseculeratne	18:41	22
Kamy Akhavan	19:17	38
Steve Shin	19:47	43
Kent Chase	22:45	65
Russell Watanabe	23:07	66

Shawn Velarde 23:24 67

TEAM FINISH 7th / 8

JV GIRLS

Laura Kalty	22:33	unk
Amber Whitwell	22:34	unk
Jennifer Mandel	23:41	unk
Lesley Smith	24:47	unk
Nicole Martel	25:31	unk
Liza Bonelli	26:02	unk
Rachel Morris	26:36	unk

FROSH / SOPH BOYS

Yoshi Honjo	17:54	19
Chris Richardson	21:25	97
Robert Valarde	27:58	133

1990 season...

ocean league meet

TORRANCE vs CENTENNIAL

September 27, 1990

No Results - Race not run

1990 season...

ocean league meet

TORRANCE vs NORTH TORRANCE

Course - Torrance

October 4, 1990

**VARSITY
BOYS**

TIME PLACE

Israel Pose 15:05 **1** **Torrance 15** - North Torrance 49

Anis Merchant	17:12	2
John Rashti	17:16	3
Yoshi Honjo	17:41	4
Jeremy Hill	17:44	5
Mike Goode	17:51	6
Keven Molina	18:88	8

COMBINED GIRLS

Lisa Liebenau	20:40	1	Torrance 15 - North Torrance 49
Heidi Romero	20:43	2	
Shelene Dale	20:49	3	
Jessica Reifer	21:10	4	
Wendy McCamish	21:36	5	
Julie Schubarth	21:41	6	
Kristen Hendrix	21:59	8	
Laura Kalty	22:12	9	
Linda Valleni	22:41	10	
Amber Whitwell	23:00	11	
Nicole Martel	23:53	12	
Lesley Smith	24:07	13	
Kristina Soris	24:44	14	
Rachel Morris	24:57	15	
Kristina Hopkins	25:01	16	
Liza Bonelli	25:05	17	
Chris Wood	29:52	22	

JV BOYS

Rod Arseculeratne	18:18	1	Torrance 21 - North Torrance 38
Allan Shuldiner	18:21	2	
Mark Martel	20:27	5	
Steve Shin	20:36	6	
Kent Chase	20:44	7	
Erik Kirk	21:01	9	
Alex Chandler	21:20	10	
Russell Watanabe	21:54	13	
Shawn Velarde	22:24	16	

FROSH / SOPH BOYS

Kenny Yee	19:10	4	Torrance 36 - North Torrance 21
Aaron Lamas	19:14	5	
Larry Inero	20:26	7	
Chris Richardson	20:37	8	
Robert Velarde	25:37	25	

1990 season...

non league meet

central park invitational

Huntington Beach

Distance - 3 miles

October 6, 1990

VARSITY BOYS **TIME PLACE**

Israel Pose	15:21	1	TEAM FINISH 11th PLACE
John Rashti	17:26	53	
Anis Merchant	17:52	71	
Jeremy Hill	18:04	78	
Mike Goode	18:11	82	
Keven Molina	18:30	88	
Yoshi Honjo	18:37	90	

VARSITY GIRLS

Shelene Dale	20:42	19	TEAM FINISH 7th PLACE
Wendy McCamish	21:43	34	
Heidi Romero	21:45	35	
Julie Schubarth	22:03	44	
Lisa Liebenau	22:16	48	
Jessica Reifer	22:35	52	
Kristen Hendrix	23:09	61	

JV BOYS

Rod Arseculeratne	18:40	21	TEAM FINISH 6th PLACE
Allan Shuldiner	18:49	25	
Tommy Whang	19:38	34	
Steve Shin	20:23	42	
Alex Chandler	20:54	49	
Mark Martel	21:20	53	
Kent Chase	21:21	54	

JV GIRLS

Laura Kalty	22:27	4	TEAM FINISH 4th PLACE
Linda Valleni	22:40	7	
Amber Whitwell	22:59	14	
Nicole Martel	25:53	40	
Rachel Morris	26:01	41	
Lesley Smith	26:40	47	
Kristina Hopkins	28:36	61	
Shannon Byrne	31:32	69	
Chris Wood	32:01	70	

FROSH / SOPH BOYS

Kenny Yee	18:54	28
Chris Richardson	20:33	46
Aaron Lamas	20:40	47
Robert Velarde	26:05	57

1990 season...

ocean league meet

**TORRANCE vs SOUTH
TORRANCE**

Course - South Torrance

October 11, 1990

**VARSITY
BOYS**

TIME PLACE

Israel Pose	16:02	1	Torrance 27 - South Torrance 30
Anis Merchant	18:12	5	

John Rashti	18:30	6
Mike Goode	18:34	7
Keven Molina	18:36	8
Jeremy Hill	19:13	10
Yoshi Honjo	19:19	11

Varsity Girls

Shelene Dale	21:05	2	Torrance 26 - South Torrance 33
Lisa Liebenau	21:44	4	
Wendy McCamish	21:59	5	
Heidi Romero	22:31	7	
Jessica Reifer	22:57	8	
Kristen Hendrix	23:02	9	
Julie Schubarth	23:18	10	

JV Boys

Rod Arseculeratne	19:33	2	Torrance 30 - South Torrance 27
Allan Shuldiner	19:38	3	
Tommy Whang	19:43	4	
Steve Shin	20:46	9	
Kamy Akhavan	unk	12	
Alex Chandler	22:23	14	
Mark Martel	22:41	15	
Kent Chase	22:57	16	
Shawn Velarde	26:13	18	
Russell Watanabe	26:31	19	

JV Girls

Linda Valleni	23:32	1	Torrance 15 - South Torrance 50
Amber Whitwell	23:34	2	
Jennifer Mandel	23:35	3	
Nicole Martel	23:41	4	
Laura Kalty	24:52	5	
Liza Bonelli	27:16	8	
Rachel Morris	28:08	11	
Holly Brett	29:18	12	
Shannon Byrne	31:50	16	

FROSH / SOPH BOYS

Kenny Yee	19:49	1	Torrance 24 - South Torrance 33
Aaron Lamas	20:15	2	
Larry Inero	21:00	3	
Chris Richardson	21:17	6	
Robert Velarde	28:48	16	

1990 season...

non league meet

palos verdes invitational

Course - Palos Verdes 2.2 miles

October 13, 1990

VARSIITY BOYS	TIME	PLACE	
Israel Pose	11:27	1	4th PLACE
Yoshi Honjo	13:41	7	
Jeremy Hill	13:41	7	
Keven Molina	13:57	7	
Mike Goode	13:51	8	
John Rashti	13:05	6	
Anis Merchant	13:18	11	

VARSIITY GIRLS	TIME	PLACE	
Wendy McCamish	15:13	1	4th PLACE
Shelene Dale	15:25	8	
Lisa Liebenau	15:43	6	
Heidi Romero	16:04	4	
Jessica Reifer	17:12	9	
Kristen Hendrix	16:40	3	
Linda Valleni	16:40	2	

JV BOYS	TIME	PLACE	
Rod Arseculeratne	13:39	7	4th PLACE
Allan Shuldiner	14:06	14	
Steve Shin	14:48	27	

Kent Chase	15:50	37
Steve Vellarldi	16:09	38

JV GIRLS

Jennifer Mandel	16:55	3	2nd PLACE
Amber Whitwell	16:57	4	
Nicole Martel	17:22	8	
Liza Bonelli	18:29	14	
Lesley Smith	18:59	20	
Kristina Hopkins	20:14	29	
Shannon Byrne	20:22	34	

SOPH BOYS

Kenny Yee	13:55	13
Chris Richardson	15:30	26

1990 season...

ocean league meet

TORRANCE vs ROLLING HILLS

Course - Torrance High School
October 18, 1990

VARSITY BOYS

TIME PLACE

Israel Pose	14:54	1	Torrance 33 - Rolling Hills 26
Anis Merchant	16:38	3	
John Rashti	17:11	6	
Jeremy Hill	17:29	11	
Mike Goode	17:32	12	
Keven Molina	17:50	13	
Rod Arseculeratne	17:50	14	

VARSITY GIRLS

Shelene Dale	19:47	1	Torrance 27 - Rolling Hills 30
Wendy McCamish	20:15	115	

Lisa Liebenau	20:18	6
Julie Schubarth	20:19	7
Heidi Romero	20:25	8
Jessica Reifer	20:50	10
Kristen Hendrix	21:25	11

JV BOYS

Allan Shuldiner	18:01	4	Torrance 46 - Rolling Hills 17
Tommy Whang	18:30	8	
Steve Shin	18:39	9	
Alex Chandler	19:06	11	
Mark Martel	19:40	14	
Kent Chase	19:44	16	
Kamy Akhavan	21:11	17	
Shawn Velarde	23:33	20	
Erik Kirk	24:44	21	

JV GIRLS

Laura Kalty	21:28	1	Torrance 15 - Rolling Hills 50
Jennifer Mandel	22:13	2	
Amber Whitwell	22:14	3	
Nicole Martel	22:18	4	
Linda Valleni	22:19	5	
Holly Brett	22:37	6	
Christina Soris	23:48	10	
Lesley Smith	23:49	11	
Christina Reyes	24:03	13	
Liza Bonelli	24:13	15	
Kristina Hopkins	25:54	23	
Summer Breese	26:11	25	
Shannon Byrne	28:57	29	

FROSH / SOPH BOYS

Kenny Yee	18:17	2	Torrance 35 - Rolling Hills 23
Aaron Lamas	18:54	4	
Larry Inero	18:58	7	
Chris Richardson	19:40	10	
Robert Velarde	24:36	20	

1990 season...

non league meet

mt sac invitational

Mt Sac College - Walnut

Distance - 3 miles

September 20, 1990

VARSITY BOYS

TIME PLACE

Israel Pose	15:58	1
Anis Merchant	18:22	28
Jeremy Hill	18:36	34
John Rashti	18:39	37
Mike Goode	19:15	48
Keven Molina	19:19	49
Rod	19:57	55
Arseculeratne		

VARSITY GIRLS

Shelene Dale	21:54	17	TEAM FINISH 5th / 12
Heidi Romero	22:28	23	
Kristen Hendrix	23:51	32	
Nicole Martel	24:00	33	
Laura Kalty	24:21	36	
Jennifer Mandel	24:22	37	
Liza Bonelli	27:44	unk	

1990 season...

ocean league meet

TORRANCE vs WEST TORRANCE

Course - West Torrance

October 25, 1990

**VARSAITY
BOYS** **TIME PLACE**

Israel Pose	15:33	1	Torrance 37 - West Torrance 21
Anis Merchant	17:11	6	
John Rashti	17:25	8	
Jeremy Hill	18:11	10	
Mike Goode	18:38	12	
Keven Molina	18:45	13	
Rod Arseculeratne	18:46	14	

VARSAITY GIRLS

Shelene Dale	20:06	2	Torrance 21 - West Torrance 40
Heidi Romero	20:46	3	
Wendy McCamish	20:47	4	
Lisa Liebenau	20:48	5	
Jessica Reifer	21:08	7	
Kristen Hendrix	21:15	8	
Julie Schubarth	21:29	9	

JV BOYS

Allan Shuldiner	18:21	5	Torrance 35 - West Torrance 21
Tommy Whang	18:40	6	
Steve Shin	19:15	7	
Kamy Akhavan	19:40	8	
Kent Chase	20:03	9	
Alex Chandler	20:08	10	
Shawn Velarde	20:36	13	
Mark Martel	20:53	14	
Erik Kirk	21:43	15	
Russell Watanabe	22:58	16	

JV GIRLS

Laura Kalty	21:14	1	Torrance 19 - West Torrance 41
Jennifer Mandel	21:36	3	
Holly Brett	22:13	4	
Nicole Martel	22:22	5	
Amber Whitwell	22:23	6	

Linda Valleni	23:27	9
Lesley Smith	23:39	10
Christina Reyes	23:48	12
Christina Soris	24:32	14
Liza Bonelli	24:58	15
Becky Sweet	25:03	17
Summer Breese	28:10	19
Shannon Byrne	29:52	20

FROSH / SOPH BOYS

Yoshi Honjo	18:27	3	Torrance 39 - West Torrance 19
Kenny Yee	18:51	6	
Aaron Lamas	19:25	8	
Larry Inero	19:26	9	
Chris Richardson	20:57	13	
Robert Velarde	23:23	22	



ocean league meet

OCEAN LEAGUE FINALS

Course - Palos Verdes

October 31, 1990

VARSITY BOYS TIME PLACE

Israel Pose	17:04	1	LEAGUE FINISH 3rd PLACE
Anis Merchant	19:36	11	
John Rashti	19:39	12	
Mike Goode	20:13	20	
Allan Shuldiner	20:27	22	
Jeremy Hill	20:43	25	
Rod Arseculeratne	21:38	30	

VARSITY GIRLS

Shelene Dale	22:39	2	LEAGUE CHAMPIONS
Wendy McCamish	23:02	3	
Lisa Liebenau	23:19	5	

Heidi Romero	23:34	7
Jessica Reifer	23:52	11
Kristen Hendrix	24:13	13
Laura Kalty	24:17	14

JV BOYS

Kamy Akhavan	21:02	7
Steve Shin	21:21	9
Alex Chandler	21:44	11
Kent Chase	22:47	15
Mark Martel	23:57	20
Erik Kirk	24:24	23
Russell Watanabe	25:28	27
Tommy Whang	25:46	28
Shawn Velarde	27:36	29

LEAGUE FINISH 3rd PLACE

JV GIRLS

Jennifer Mandel	24:25	1
Amber Whitwell	24:37	2
Nicole Martel	25:01	4
Linda Valleni	25:28	6
Julie Schubarth	26:26	8
Christina Soris	27:07	11
Lesley Smith	27:36	13
Liza Bonelli	27:59	15
Christina Reyes	28:36	16
Becky Sweet	29:48	20
Shannon Byrne	33:58	24
Chris Wood	34:01	25

LEAGUE CHAMPIONS

FROSH / SOPH BOYS

Yosji Honjo	20:09	2
Kenny Yee	20:16	3
Keven Molina	21:42	16
Larry Inero	21:43	17
Aaron Lamas	22:08	20
Chris Richardson	23:23	28
Robert Velarde	29:01	63

LEAGUE FINISH 4th PLACE

1990 season...

non league meet

cif prelims

Mt Sac College - Walnut

Distance - 3 miles

November 10, 1990

BOYS VARSITY

TIME PLACE

Israel Pose	16:10	1
Anis Merchant	18:21	30
Jeremy Hill	18:27	32
John Rashti	18:47	38
Mike Goode	19:02	44
Kenny Yee	19:23	49
Alan Shuldiner	20:00	54

TEAM FINISH PLACE 5th / 8 in heat

GIRLS VARSITY

Shelene Dale	20:55	6
Wendy McCamish	21:26	12
Lisa Liebenau	21:28	13
Kristen Hendrix	22:03	20
Heidi Romero	22:27	25
Laura Kalty	22:59	31
Jessica Reifer	24:48	52

TEAM FINISH PLACE 3rd / 10 in heat

1990 season...

non league meet

cif finals

Mt Sac College - Walnut

Distance - 3 miles

November 17, 1990

BOYS VARSITY

TIME PLACE

Israel Pose 15:45 1

GIRLS VARSITY

Shelene Dale 21:13 30

Wendy McCamish 21:52 48

Lisa Liebenau 22:03 54

Heidi Romero 22:27 63

Kristen Hendrix 22:38 65

Jennifer Mandel 22:58 69

Laura Kalty 23:03 71

TEAM FINISH PLACE 6th / 12 in heat

1990 season...

non league meet

state championships

Woodward Park - Fresno

Distance - 3 miles

November 24, 1990

TIME PLACE

Israel Pose 15:41 6