

2003 season...

non league meet

sunset in the park run

Central Park - Huntington Beach

Distance - 2.8 miles

NAME	TIME	RACE PLACE
Shane Quinn	16:08	26
Mario Gonzalez	16:16	32
Kyle Yeh	17:39	82
Josh Jackson	17:41	83
Andrew Butt	18:04	92
Ryan Algenio	18:31	106
Alex Villanueva	18:31	107
Drew Rivera	18:31	107
Angel Mendoza	18:39	112
Aaron Brown	18:40	113
Alex Salter	18:46	122
Brandon Heredia	18:46	124
Jon Herrera	19:01	137
Eric Li	19:18	147
Ryan Raya	20:25	172
Kyle Goins	no time	
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Chi Le	19:43	22
Nicole Higashiyama	21:13	47
Morgan McCutchen	22:27	71
Queena Lee	22:31	73
Kasey Osborn	22:41	75
Courtney Chiang	22:50	76
Alysa Nagatani	23:02	77
Heather Miyoshi	23:06	79
Mary Sponaule	23:13	81
Leslie Nitake	23:24	85

Patti Sponaugle	23:26	86
Michelle Rogel	24:39	96
Marielle Ramillano	26:39	109
Laura Yamashiro	28:30	116
Michelle Angulo	28:30	117

OLD PEOPLE'S RACE

Coach Pose	15:16	5
Laura Sharp - class of 2002	17:58	1 (for women) - 22nd overall
Coach April	22:07	71

2003 season...

non league meet

millikan invitational

Heartwell Park - Long Beach

Distance - 3 miles

September 13, 2003

SENIOR BOYS	TIME	PLACE
Shane Quinn	16:48	30
Angel Mendoza	18:47	83
Engelbert Salguero	19:51	100

SENIOR GIRLS

Morgan McCutchen	20:36	17
Michelle Rogel	22:00	36
Queen Lee	22:28	38
Alysa Nagatani	23:01	47
Leslie Nitake	24:00	58
Sara Gutknecht	24:03	59
Kristina Sciarrotta	24:06	60

Team Finish 4th / 6

JUNIOR BOYS

Ryan Raya	16:20	7
Kyle Yeh	18:29	59
Chris Brackert	18:51	75
Ryan Algenio	19:10	86
Nick Annamunthodo	19:28	97
Tim Froehlig	21:13	138
Greg Oden	23:20	162

Team Finish 5th / 17

JUNIOR GIRLS

Chi Le	20:18	10
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Pamela Li	21:10	21
Nicole Higashiyama	21:22	26
Erica McPheeters	22:38	54
Mary Sponaugle	23:11	61
Marielle Ramillano	26:22	95
Janessa Rocha	26:28	96

Team Finish 4th / 10**SOPH BOYS**

Alex Villanueva	17:28	16
Paul Brazeal	18:03	29
Alex Salter	18:32	47
Drew Rivera	18:46	54
Brandon Heredia	19:04	68
Jon Herrera	19:08	71
Eric Li	20:04	92
Edwin Mathews	20:51	122
Pauvid Choi	22:43	163
Kyle Goins	23:22	174
Henry Boule	23:37	177
Carlos Ramirez	25:35	189
Chris Wight	26:47	194

Team Finish 5th / 19**SOPH GIRLS**

Courtney Chiang	23:22	52
Heather Miyoshi	24:02	63
Michelle Angulo	28:13	111
Laura Yamashiro	28:30	113

FROSH GIRLS

Rachel Lyons	21:13	16
Patti Sponaugle	21:32	21
Christie Matsukawa	22:22	31
Joy Joung	23:27	53
Stephanie Picker	23:42	59
Kristin Iizuka	26:45	112
Gysselle Rocha	28:12	121
Caitlin Martin	29:18	127

Team Finish 4th / 16

FROSH BOYS

Mario Gonzalez	16:55	3
Josh Jackson	18:32	23
Aaron Brown	18:43	28
Ryan McCoy	20:29	73
Ivan Huerta	20:44	83
Dennis Momohara	20:59	91
Russ Salinger	21:02	95
Chris Vascellaro	21:37	107
Ryan Butt	22:53	130
Paul Kim	22:54	131
Troy Evans	25:39	174

Team Finish 7th /21

2003 season...

non league meet

south bay cup

Columbia Park

September 17, 2003

VARSITY GIRLS

	TIME	PLACE
Chi Le	18:56	8
Pamela Li	20:09	25
Nicole Higashiyama	20:33	35
Michelle Rogel	20:38	37
Morgan McCutchen	20:51	43
Queena Lee	21:19	52

Team Finish 6th / 14

VARSITY BOYS

Ryan Raya	16:20	22
Shane Quinn	16:32	30
Angel Mendoza	18:07	59
Ryan Algenio	18:16	65
Chris Brackert	18:28	73
Kyle Yeh	18:42	76
Engelbert Salguero	19:18	79

Team Finish 9th / 12

JUNIOR VARSITY GIRLS

Mary Sponaugle	21:56	18
Courtney Chiang	22:18	27
Claudia Martinez	23:05	52
Heather Miyoshi	23:06	53
Sarah Gutknecht	23:12	56
Alysa Nagatani	23:14	59
Leslie Nitake	23:38	63

Kristina Sciarrotta	23:59	72
Michelle Angulo	28:04	140
Laura Yamashiro	29:26	152
Kady Lyons	29:38	153

Team Finish 5th / 12

JUNIOR VARSITY BOYS

Deborshi Dasgupta	19:01	32
Nick Annamunthodo	19:47	51
Tim Froehlig	20:20	66
Greg Oden	23:23	108
Malith Fernando	24:47	115

Team Finish 9th / 10

SOPHOMORE BOYS

Paul Brazeal	16:17	4
Alex Salter	18:19	22
Brandon Heredia	18:39	27
Jon Herrera	18:50	30
Eric Li	19:28	42
Edwin Matthews	19:56	50
Paul Cha	20:57	76
Pauvid Choi	21:08	80
Henry Boule	22:23	109
Carlos Ramirez	22:44	113
Kyle Goins	23:06	119
Chris Wight	24:50	139
Brian Park	26:37	154

Team Finish 5th / 11

FRESHMAN GIRLS

Rachael Lyons	19:54	2
Patti Sponaugle	20:57	4
Christie Matsukawa	21:50	6
Joy Joung	22:32	15
Stephanie Picker	22:39	16
Kristin Iizuka	24:54	49

Gysselle Rocha	24:55	50
Caitlin Martin	28:47	86
Ruby Garcia	28:49	87

Team Finish 1st/ 10

FRESHMAN BOYS

Mario Gonzalez	16:33	2
Josh Jackson	17:23	3
Kent Morikawa	17:58	4
Aaron Brown	18:16	9
Ryan McCoy	19:25	38
Eleazar Franco	19:41	48
Russ Salinger	19:48	51
Myles Miyashio	20:50	81
Chris Vascellaro	20:59	85
Paul Kim	21:20	100
Eric Son	21:29	107
Ryan Butt	21:49	117
Dennis Momohara	22:25	133
Sean Mizokami	22:41	142
Kevin Matsouka	23:13	151
Troy Evans	26:34	179
Adam Stieber	27:31	184
Taha Siddiqui	30:16	190

Team Finish 2nd/ 13

2003 season...

bay league meet

Wilson Park

Distance - 2.8 miles

September 25, 2003

VARSITY BOYS	Time	Place
Ryan Raya	15:32	9
Mario Gonzalez	15:57	16
Shane Quinn	16:02	19
Paul Brazeal	16:30	27
Josh Jackson	17:05	31
Chris Brackert	18:00	33
Angel Mendoza	18:31	34

Team Finish 5th /5

VARSITY GIRLS

Chi Le	18:33	9
Rachael Lyons	18:48	12
Morgan McCutchen	19:25	18
Pamela Li	19:52	22
Nicole Higashiyama	20:00	25
Michelle Rogel	20:19	27
Patti Sponaugle	20:21	28

Team Finish 4th /5

JUNIOR VARSITY BOYS

Alex Villanueva	17:27	13
Engelbert Salguero	17:51	18
Alex Salter	17:52	19
Jon Herrera	17:58	23
Brandon Heredia	18:01	25
Ryan Algenio	18:13	30
Nick Annamunthodo	18:58	46
Kyle Yeh	19:06	54
Edwin Matthews	19:19	57

Eric Li	19:30	62
Paul Cha	20:13	79
Pauvid Choi	20:16	80
Chris Wight	22:05	105
Kyle Goins	22:20	108
Henry Boule	22:37	113
Greg Oden	23:23	120
Carlos Ramirez	24:04	121

Team Finish 4th /5

JUNIOR VARSITY GIRLS

Queena Lee	20:12	5
Kady Lyons	20:51	10
Courtney Chiang	21:18	14
Mary Sponaugle	22:01	28
Alysa Nagatani	22:03	29
Sarah Gutknecht	22:24	35
Jayleen Hill	23:17	42
Leslie Nitake	23:27	45
Heather Miyoshi	23:50	50
Kristina Sciarrotta	23:57	52
Janessa Rocha	24:12	57
Michelle Angulo	26:00	64
Laura Yamashiro	26:16	68

Team Finish 4th /5

FRESHMEN BOYS

Kent Morikawa	17:38	3
Aaron Brown	18:36	20
Ryan McCoy	19:11	26
Eleazar Franco	19:16	29
Irvin Huerta	19:35	33
Russ Salinger	19:42	37
Paul Kim	20:21	48
Chris Vascellaro	20:31	50
Myles Miyashio	20:48	55
Ryan Butt	20:51	59

Eric Son	20:53	61
Sean Mizokami	21:33	66
Kevin Matsuoka	22:10	83
Troy Evans	23:48	99
Carlos Mendoza	32:26	108
Taha Siddiqui	32:36	109

Team Finish 5th /5

Christie Masukawa	21:29	4
Stephanie Picker	22:21	9
Kristen Iizuka	23:28	17
Gysselle Rocha	24:01	25
Ruby Garcia	26:30	39
Caitlyn Martin	26:51	42

Team Finish 5th /5

2003 season...

non league meet

bell-jeff invitational

Griffith Park - 2.9 miles

September 27, 2001

VARSITY BOYS

	Final Time	Place
Shane Quinn	16:11	10
Ryan Raya	17:39	37
Chris Brackert	17:52	42
Angel Mendoza	19:03	59
Ryan Algenio	19:10	60
Engelbert Salguero	19:14	61

TEAM PLACE: 8th / 12

VARSITY GIRLS

Chi Le	19:14	4
Rachael Lyons	19:17	5
Nicole Higashiyama	20:45	13
Patti Sponaugle	20:50	14
Pamela Li	21:28	18
Queena Lee	21:46	20
Courtney Chiang	22:21	26

DIVISION 2 CHAMPIONS /out of 10

JUNIOR VARSITY GIRLS

Christie Matsukawa	21:57	2
Kady Lyons	22:11	3
Stephanie Picker	23:05	7
Sara Gutknecht	23:40	9
Heather Miyoshi	24:14	10
Gysselle Rocha	25:29	12
Kristin Iizuka	26:33	21
Janessa Rocha	26:40	22
Caitlin Martin	27:45	26

Michelle Angulo	27:52	27
Laura Yamashiro	29:40	35

DIVISION 2 CHAMPIONS / out of 7

FROSH/SOPH BOYS

Mario Gonzalez	16:38	2
Paul Brazeal	16:50	4
Kent Morikawa	16:59	6
Alex Villanueva	17:49	14
Aaron Brown	18:15	19
Jon Herrera	18:24	21
Brandon Heredia	18:34	25
Josh Jackson	18:53	32
Eleazar Franco	19:09	36
Alex Salter	19:39	40
Edwin Matthews	20:01	42
Russ Salinger	20:22	47
Eric Li	20:44	50
Chris Vascellaro	20:49	53
Ryan Butt	21:03	54
Eric Son	21:30	58
Irvin Huerta	21:37	59
Ryan McCoy	21:44	61
Henry Boule	21:47	62
Sean Mizokami	22:01	64
Paul Kim	22:09	65
Kyle Goins	23:10	70
Chris Wight	24:08	78
Kevin Matsuoka	25:33	81
Troy Evans	25:56	82

TEAM PLACE: 2ND / 9

2003 season...

non league meet

kenny staub invitational

Crescenta Valley Park - 3.0 miles

October 4, 2003

VARSDITY BOYS	Final Time	Place
Ryan Raya	16:38	14
Mario Gonzalez	17:27	39
Shane Quinn	17:29	41
Paul Brazeal	17:31	43
Kent Morikawa	17:46	50
Jon Herrera	19:03	75
Chris Brackert	19:07	76

TEAM PLACE: 7th / 13

VARSDITY GIRLS

Rachael Lyons	20:00	15
Chi Le	20:00	16
Nicole Higashiyama	21:28	38
Pamela Li	22:18	48
Michelle Rogel	22:23	49
Queena Lee	22:24	50
Patti Sponaugle	22:41	54

TEAM PLACE 7th / 13

JUNIOR VARSITY GIRLS

Erica McPheeters	23:11	20
Alysa Nagatani	24:02	28
Sara Gutknecht	24:15	32
Mary Sponaugle	24:51	46
Kristina Sciarrotta	24:59	49
Leslie Nitake	25:55	72
Marielle Ramillano	26:36	91
Janessa Rocha	26:59	97

TEAM PLACE 5th / 18

JUNIOR VARSITY BOYS

Kyle Yeh	19:00	22
Engelbert Salguero	19:24	29
Ryan Algenio	19:43	33
Deborshi Dasgupta	20:02	41
Angel Mendoza	20:06	44
Tim Froehlig	22:04	67

TEAM PLACE: 5th / 9

SOPHMORE BOYS

Alex Villanueva	18:13	10
Alex Salter	19:14	26
Brandon Heredia	19:21	30
Edwin Matthews	20:21	41
Eric Li	20:59	53
Henry Boule	23:00	80
Kyle Goins	23:38	88
Chris Wight	23:54	90
Carlos Ramirez	25:33	94

TEAM PLACE: 5th / 7

FRESH/SOPH GIRLS

Christie Matsukawa	22:58	15
Courtney Chiang	23:14	20
Joy Joung	23:48	25
Stephanie Picker	24:14	29
Heather Miyoshi	24:44	39
Joyce Chen	25:50	50
Kristin Iizuka	26:42	59
Caitlin Martin	28:02	86
Laura Yamashiro	29:05	95
Michelle Angulo	29:29	97

TEAM PLACE: 4th / 9

FRESHMEN BOYS

Josh Jackson	17:52	4
Aaron Brown	19:12	16
Irvin Huerta	20:17	41
Eleazar Franco	20:22	45

Russell Salinger	20:40	49
Dennis Momohara	21:29	60
Myles Miyashiro	21:48	65
Chris Vascellaro	21:50	66
Eric Son	22:00	68
Ryan Butt	22:01	69
Paul Kim	22:06	72
Sean Mizokami	22:45	85
Kevin Matsuoka	22:49	91
Troy Evans	24:45	105
Adam Stieber	30:49	113
Carlos Mendoza	32:20	114

TEAM FINISH 7th / 8

2003 season...

bay league meet

Entradero Park

Distance - 3 miles

October 16, 2003

VARSITY BOYS

	Time	Place
Ryan Raya	17:19	11
Kent Morikawa	18:13	28
Shane Quinn	18:25	30
Mario Gonzalez	18:28	31
Josh Jackson	18:35	32
Paul Brazeal	18:37	33
Jon Herrera	20:13	35

Team Finish 5th /5

VARSITY GIRLS

Rachael Lyons	20:30	7
Chi Le	20:38	9
Kady Lyons	22:14	22
Morgan McCutchen	22:19	24
Pamela Li	22:26	25
Queena Lee	23:23	27
Michelle Rogel	23:56	28

Team Finish 4th /5

JUNIOR VARSITY BOYS

Chris Brackert	19:36	18
Kyle Yeh	19:48	22
Ryan Algenio	19:53	24
Alex Salter	20:03	28
Brandon Heredia	20:09	31
Engelbert Salguero	20:13	32
Deborshi Dasgupta	20:18	35
Alex Villanueva	20:27	38
Angel Mendoza	20:50	45

Nick Annamunthodo	21:03	53
Edwin Matthews	21:09	57
Pauvid Choi	22:07	75
Eric Li	22:14	76
Tim Froehlig	22:57	99
Henry Boule	23:37	107
Chris Wight	24:20	113
Kyle Goins	25:09	118
Greg Oden	26:43	127
Kirk Baughfman	28:33	129

Team Finish 3rd /5

JUNIOR VARSITY GIRLS

Courtney Chiang	23:37	13
Erica McPheeters	23:40	15
Sarah Gutknecht	24:55	29
Aylsa Nagatani	25:16	32
Leslie Nitake	25:19	34
Mary Sponaugle	26:08	41
Marielle Ramillano	26:22	43
Heather Miyoshi	26:26	44
Janessa Rocha	26:54	49
Michelle Angulo	29:11	63
Laura Yamashiro	29:19	64

Team Finish 4th /5

FRESHMEN BOYS

Aaron Brown	19:20	5
Eleazar Franco	19:46	11
Dennis Momohara	21:00	35
Irvin Huerta	21:10	39
Russell Salinger	21:11	40
Ryan McCoy	21:48	47
Chris Vascellaro	22:00	50
Sean Mizokami	22:02	51
Paul Kim	22:11	52
Eric Son	22:35	55

Kevin Matsuoka	22:36	56
Myles Miyashio	22:37	58
Ryan Butt	22:43	60
Troy Evans	24:16	80
Adam Stieber	26:30	98
Carlos Mendoza	29:38	105
Taha Siddiqui	31:29	107
Team Finish 5th /5		

FRESHMEN GIRLS

Patti Sponaugle	22:40	5
Christie Masukawa	24:31	11
Stephanie Picker	25:21	17
Kristen Iizuka	25:26	18
Kasey Osborn	27:03	32
Caitlyn Martin	27:27	33
Gysselle Rocha	27:58	34
Ruby Garcia	28:08	35
Team Finish 4th/5		

2003 season...

non league meet

santa clarita invitational

Lake Castaic - 3.0 miles

October 18, 2003

VARSITY BOYS	Final Time	Place
Ryan Raya	15:55	15
Shane Quinn	17:03	90
Jon Herrera	18:19	151
Brandon Heredia	18:39	163
Engelbert Salguerro	19:04	177
Angel Mendoza	20:05	195
Pauvid Choi	21:56	206

TEAM PLACE: 19th / 29

VARSITY GIRLS

Morgan McCutchen	21:09	42
Michelle Rogel	21:48	61
Queena Lee	22:02	71
Erica McPheeters	23:02	96
Alysa Nagatani	23:05	98
Leslie Nitake	24:08	117

TEAM PLACE 14th / 19

JUNIOR VARSITY GIRLS

Patti Sponaule	20:14	2
Christie Matsukawa	22:39	33
Stephanie Picker	23:31	52
Marielle Ramillano	24:09	62
Kristin Iizuka	24:35	68
Kasey Osborn	24:48	74
Gysselle Rocha	24:53	78
Michelle Angulo	26:14	98
Caitlin Martin	26:29	100

TEAM PLACE 6th / 11

FROSH/SOPH BOYS

Kent Morikawa	16:42	4
Mario Gonzalez	16:48	5
Paul Brazeal	16:57	7
Josh Jackson	17:15	16
Aaron Brown	18:03	40
Eleazar Franco	18:27	52
Dennis Momohara	19:15	82
Russell Salinger	19:23	89
Irvin Huerta	19:46	102
Chris Vascellaro	20:19	132
Myles Miyashio	20:37	143
Eric Son	20:50	148
Ryan Butt	20:51	149
Sean Mizokami	20:59	153
Paul Kim	21:02	156
Kyle Goins	21:35	171
Chris Wight	21:38	172
Carlos Mendoza	22:17	182
Kevin Matsuoka	22:18	183
Troy Evans	22:30	184
Adam Stieber	24:45	218
Carlos Mendoza	28:55	227

TEAM PLACE: 2nd/ 17

2003 season...

non league meet

mt sac invitational

WHERE: Mt. San Antonio College, Walnut

DISTANCE: 3 MI (2 miles Frosh Boys)

DATE: October 18, 2003

BOYS VARSITY

	Place	Time	Pace
Ryan Raya	20	17:09	5:43
Shane Quinn	32	17:28	5:49
Kyle Yeh	78	18:42	6:14
Chris Brackert	81	18:45	6:15
Engelbert Salguero	113	19:44	6:35
Ryan Algenio	116	19:51	6:37
Angel Mendoza	122	20:08	6:43

Team Finish 11th / 25

GIRLS VARSITY

Chi Le	20	20:52	6:57
Morgan McCutchen	35	21:36	7:12
Pam Li	56	22:37	7:32
Michelle Rogel	58	22:41	7:34
Queena Lee	90	23:36	7:52
Erica McPheeters	98	23:59	8:00
Marielle Ramillano	dnf		

Team Finish 10th / 25

BOYS FROSH

Kent Morikawa	1	11:54	
Josh Jackson	3	12:19	
Aaron Brown	15	12:54	
Eleazar Franco	16	12:54	
Mario Gonzalez	17	12:57	
Dennis Momohara	23	13:22	
Irvin Huerta	34	14:05	

Myles Miyashiro	39	14:11
Ryan McCoy	41	14:16
Sean Mizokami	46	14:26
Paul Kim	51	14:30
Eric Son	52	14:33
Chris Vascellaro	53	14:33
Ryan Butt	59	14:47
Kevin Matsuoka	62	14:56
Troy Evans	82	16:51
Adam Stieber	85	17:35
Carlos Mendoza	94	19:43

Team Finish 1st / 18

BOYS JUNIOR VARSITY

cancelled -
severe weather
conditions

GIRLS JUNIOR VARSITY

cancelled -
severe weather
conditions

BOYS SOPH

cancelled -
severe weather
conditions

GIRLS SOPH

cancelled -
severe weather
conditions

GIRLS FROSH

cancelled -
severe weather
conditions

2003 season...

bay league meet

Bay League Finals

Polliwog Park

Distance - 3 miles

November 6, 2003

VARSITY BOYS	Time	Place
Ryan Raya	16:03	14
Paul Brazeal	16:33	24
Shane Quinn	16:39	27
Kyle Yeh	18:07	32
Ryan Algenio	18:19	33
Chris Brackert	18:25	34
Engelbert Salguerro	18:59	35

Team Finish 5th /5

VARSITY GIRLS		
Rachael Lyons	18:50	11
Chi Le	19:06	13
Patti Sponaugle	19:49	19
Kady Lyons	19:50	20
Morgan McCutchen	20:20	24
Michelle Rogel	20:21	26
Pamela Li	20:24	27

Team Finish 3rd /5

JUNIOR VARSITY BOYS		
Alex Villanueva	17:53	17
Jon Herrera	17:57	17
Brandon Heredia	18:32	26
Edwin Matthews	18:41	32
Alex Salter	18:48	35
Angel Mendoza	18:53	39
Nick Annamunthodo	18:54	40
Tim Froehlig	19:50	68

Carlos Ramirez	19:58	70
Eric Li	20:11	78
Pauvid Choi	20:15	81
Chris Wight	21:04	101
Henry Boule	21:32	108
Kyle Goins	22:38	122
Greg Oden	22:53	124
Kirk Baughfman	23:23	128

Team Finish 5th /5

JUNIOR VARSITY GIRLS

Nicole Higashiyama	21:03	11
Queena Lee	21:05	12
Courtney Chiang	21:48	19
Erica McPheeters	21:52	21
Claudia Martinez	23:00	29
Alysa Nagatani	23:05	30
Heather Miyoshi	23:14	35
Leslie Nitake	23:25	38
Marielle Ramillano	23:56	44
Janessa Rocha	24:39	48
Michelle Angulo	25:17	55
Mary Sponaugle	25:48	61
Laura Yamashiro	26:29	66

Team Finish 4th /5

FRESHMEN BOYS

Mario Gonzalez	16:22	2
Kent Morikawa	16:43	3
Josh Jackson	17:07	5
Aaron Brown	17:39	7
Eleazar Franco	18:29	22
Dennis Momohara	18:38	25
Ryan McCoy	18:42	26
Russell Salinger	19:10	37
Irvin Huerta	19:33	42
Myles Miyashio	20:04	50

Eric Son	20:10	52
Ryan Butt	20:14	54
Sean Mizokami	20:26	60
Chris Vascellaro	20:27	61
Paul Kim	20:52	67
Troy Evans	21:52	86
Kevin Matsuoka	22:07	90
Adam Stieber	23:47	104
Carlos Menodza	26:36	114

Team Finish 1st /5

FRESHMEN GIRLS

Christie Masukawa	21:50	7
Joy Joung	21:53	8
Kasey Osborn	22:12	9
Stephanie Picker	23:19	20
Gysselle Rocha	23:26	21
Kristen Iizuka	23:33	24
Caitlyn Martin	23:38	25
Ruby Garcia	25:25	36
Sophia Mendoza	29:36	51

Team Finish 4th /5

2003 season...

non league meet

cif prelims

Mt Sac College

3 miles

November 15, 2003

VARSITY GIRLS **TIME PLACE**

Rachael Lyons	19:32	19
Chi Le	19:57	27
Patti Sponaugle	20:41	49
Kady Lyons	20:59	55
Nicole Higashiyama	21:10	59
Morgan McCutchen	21:15	61
Pamela Li	22:17	90

heat team finish 7th /15
overall 20th/43