

Torrance High School

9/28/2004

2004 South Bay Cup - 9/28/2004

Columbia Park, Torrance, CA

Event 4 **Boys 5k Run CC 2.9 miles Varsity**

Name	Year	School	Finals	Points
1 Decastro, Steven		West Torrance	15:11.54	1
2 Villanueva, Daniel	SR	Mira Costa	15:12.49	2
3 Yi, Jon		West Torrance	15:17.06	3
4 Ferrera, Andy	JR	South Torrance	15:17.61	4
5 Ursani, Amir		West Torrance	15:21.79	5
6 Scanlan, Bryce	JR	Mira Costa	15:24.18	6
7 Morikawa, Kent	SO	Torrance	15:26.89	7
8 Truong, Matt		West Torrance	15:29.07	8
9 Gonzalez, Mario	SO	Torrance	15:31.07	9
10 Wisman, Trevor		West Torrance	15:32.97	10
11 Hernandez, Ramon	JR	Narbonne	15:33.75	11
12 Belay, Daniel	SR	Mira Costa	15:35.38	12
13 Pagett, Cameron	JR	Mira Costa	15:36.12	13
14 Hastings, Derek	SR	South Torrance	15:38.51	14
15 Goldman, Max	JR	Beverly Hills	15:44.54	15
16 Tseng, Alex		West Torrance	15:45.11	16
17 Gorney, Alex	JR	South Torrance	15:51.44	17
18 Watt, James	SR	Beverly Hills	15:53.39	18
19 Brazeal, Paul	JR	Torrance	15:57.99	19
20 Kline, Andrew	SR	Mira Costa	16:00.67	20
21 Raya, Ryan	SR	Torrance	16:04.20	21
22 Cohen, Yermie	SR	Santa Monica	16:04.73	22
23 Khan, Fawad	SO	Palos Verdes	16:22.97	23
24 Stutts, Ben	JR	Beverly Hills	16:25.28	24
25 Grossman, Dominic	SR	Cams	16:25.91	
26 Salisbury, Steve	SR	Bishop Montgomery	16:28.47	25
27 Perez, Bryan	JR	Bishop Montgomery	16:32.34	26
28 Ratley, Andrew	SO	Palos Verdes	16:35.69	27
29 Delgado, Francisco	SR	Narbonne	16:37.00	28
30 Takaki, Marc	JR	North Torrance	16:38.73	29
31 Bababegygy, Adir	JR	Beverly Hills	16:39.98	30
32 Shen, Ted	SR	Peninsula	16:43.50	31
33 Ledford, Kenny	SR	South Torrance	16:44.86	32
34 Craig, Jessie	SR	Narbonne	16:48.20	33
35 Benjamin, Max	SO	Santa Monica	16:52.53	34
36 Castrejon, Eddie	JR	Narbonne	16:53.73	35
37 Brown, Aaron	SO	Torrance	16:54.42	36
38 Camarillo, Bryan	JR	Peninsula	17:00.90	37
39 Hastings, Blake	FR	South Torrance	17:01.50	38
40 Schmidt, James	SO	Redondo Beach	17:03.88	39

41	Ghaffari, Aria	SR Santa Monica	17:05.02	40
42	Nazarian, Avo	West Torrance	17:06.95	41
43	Villanueva, Alex	JR Torrance	17:07.43	42
44	Slayden, James	JR Peninsula	17:07.83	43
45	Wilensky, Aaron	JR Beverly Hills	17:08.20	44
46	Antrilli, Nick	SO Santa Monica	17:08.86	45
47	Aghazadeh, Kurosh	SR Gardena	17:09.65	
48	Giles, Parker	JR Mira Costa	17:11.15	46
49	Simmons, Jon	FR Beverly Hills	17:13.84	47
50	Walters, Brenden	SR North Torrance	17:15.69	48
51	Vance, Wyles	SO Santa Monica	17:16.11	49
52	Ivey, Brian	SO Bishop Montgomery	17:16.77	50
53	Murakami, Kyle	JR North Torrance	17:17.05	51
54	Moreno, Kevin	JR Narbonne	17:23.70	52
55	Cast, Paden	SR Peninsula	17:25.35	53
56	Matthews, Joshua	SO St. Bernard	17:26.60	
57	Kabiling, Reynald	JR Bishop Montgomery	17:27.86	54
58	Montano, Brian	SR Palos Verdes	17:29.64	55
59	Hashimoto, Davan	JR North Torrance	17:31.40	56
60	Linsley, Derek	JR Mira Costa	17:31.77	57
61	Delgado, Garrett	FR Palos Verdes	17:32.13	58
62	Cohen, Alex	JR Palos Verdes	17:33.76	59
63	Anzai, Ricky	SO South Torrance	17:34.18	60
64	Cruz, Jenaro	SR Santa Monica	17:37.10	61
65	Chacon, Jonathan	SR Redondo Beach	17:40.66	62
66	Palacios, Eddie	SR Hawthorne	17:41.17	
67	Ng, David	SR North Torrance	17:42.43	63
68	Sosa, Joshua	SO Bishop Montgomery	17:47.06	64
69	Perez, Kevin	JR Bishop Montgomery	17:47.38	65
70	Spotkov, John	JR Narbonne	17:50.13	66
71	Matsunaga, Doug	JR Santa Monica	17:50.46	67
72	Inouye, Ryan	JR North Torrance	17:51.27	68
73	Carmona, Johnny	SR Redondo Beach	17:53.71	69
74	Rosenstock, Eliot	SO Palos Verdes	17:59.11	70
75	Hoang, Michael	SR Cams	18:00.82	
76	Gysel, Nicholas	JR Peninsula	18:02.10	71
77	Wang, Cliff	SO South Torrance	18:04.63	72
78	Ventura, Emmanuel	SO Bishop Montgomery	18:07.76	73
79	Ramirez, Julio	SR Narbonne	18:16.60	74
80	Nonsrichai, Chad	JR Beverly Hills	18:19.38	75
81	Ortega, Anthony	JR Junipero Serra	18:21.52	76
82	Jackson, Josh	SO Torrance	18:22.66	77
83	Choi, Andrew	JR North Torrance	18:28.19	78
84	Huang, Brian	JR Peninsula	18:30.64	79
85	Morrison, Kyle	SO Redondo Beach	18:48.54	80
86	Guerbaoui, Malek	JR Redondo Beach	18:56.59	81
87	Hernandez, Robert	JR Culver City	19:11.65	
88	Harrell, Jason	SO Redondo Beach	19:14.41	82

89	Scates, Kyle	JR Junipero Serra	19:18.76	83
90	Anderson, Tyler	JR Redondo Beach	19:20.51	84
91	Rodriguez, Richard	FR Culver City	19:35.29	
92	Gonzalez, Alberto	JR Lawndale	19:38.10	
93	Hong, Timothy	JR Peninsula	19:59.18	85
94	Nieto, Mario	SO Morningside	20:06.30	
95	Batteman, Andrew	SO Junipero Serra	20:42.23	86
96	Lopez, Nestor	JR St. Bernard	20:43.50	
97	Huerta, Ronald	SO Junipero Serra	20:46.81	87
98	Vega, Luis	SO Junipero Serra	20:58.90	88
99	Navarro, Rafael	SO Junipero Serra	20:59.46	89
100	Medina, John	JR Morningside	20:59.87	
101	Largo, Brian	JR Junipero Serra	21:00.32	90
102	Kendricks, Jerome	SO Junipero Serra	21:01.26	
103	Benett, Ross	JR Junipero Serra	21:04.22	
104	Lovelace, Bradford	SO St. Bernard	21:27.02	
105	Luong, Danny	SR Leuzinger	21:28.23	
106	Castorena, Samuel	SR Lawndale	21:44.59	
107	Paiva, David	FR Junipero Serra	22:07.92	
108	Tran, Phuoc	SR Leuzinger	22:15.80	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8
1	West Torrance	27	1	3	5	8	10	16	41	
	Total Time:	1:16:52.43								
	Average:	15:22.49								
2	Mira Costa	53	2	6	12	13	20	46	57	
	Total Time:	1:17:48.84								
	Average:	15:33.77								
3	Torrance	92	7	9	19	21	36	42	77	
	Total Time:	1:19:54.57								
	Average:	15:58.92								
4	South Torrance	105	4	14	17	32	38	60	72	
	Total Time:	1:20:33.92								
	Average:	16:06.79								
5	Beverly Hills	131	15	18	24	30	44	47	75	
	Total Time:	1:21:51.39								
	Average:	16:22.28								
6	Narbonne	159	11	28	33	35	52	66	74	
	Total Time:	1:23:16.38								
	Average:	16:39.28								
7	Santa Monica	190	22	34	40	45	49	61	67	
	Total Time:	1:24:27.25								
	Average:	16:53.45								
8	Bishop Montgomery	219	25	26	50	54	64	65	73	

	Total Time:	1:25:32.50							
	Average:	17:06.50							
9	Palos Verdes		222	23	27	55	58	59	70
	Total Time:	1:25:34.19							
	Average:	17:06.84							
10	Peninsula		235	31	37	43	53	71	79
	Total Time:	1:26:19.68							
	Average:	17:15.94							
11	North Torrance		247	29	48	51	56	63	68
	Total Time:	1:26:25.30							
	Average:	17:17.06							
12	Redondo Beach		331	39	62	69	80	81	82
	Total Time:	1:30:23.38							
	Average:	18:04.68							
13	Junipero Serra		420	76	83	86	87	88	89
	Total Time:	1:40:08.22							
	Average:	20:01.65							

**Event 3 Girls 5k Run CC 2.9 miles Varsity**

Name	Year	School	Finals	Points
1 Spadafino, Angela		West Torrance	17:37.08	1
2 Sopp, Rebecca	SR	Redondo Beach	17:59.98	2
3 Stoakley, Alison		West Torrance	18:13.43	3
4 Toth, Alexandra		West Torrance	18:20.39	4
5 Salinas, Alex	JR	South Torrance	18:25.23	5
6 Thornton, Stephanie	SR	Santa Monica	18:29.69	6
7 Tsosie, Paige	SR	Redondo Beach	18:39.84	7
8 Calite, Ilma	SO	South Torrance	18:53.04	8
9 Lyons, Rachael	SO	Torrance	18:53.67	9
10 Henricks, Nadine		West Torrance	18:58.53	10
11 Tracy, Allison	JR	Mira Costa	19:02.28	11
12 Noda, Keiko	JR	Mira Costa	19:05.91	12
13 Keswani, Sharan		West Torrance	19:21.11	13
14 Le, Chi	SR	Torrance	19:23.63	14
15 Kanai, Megumi	SR	North Torrance	19:25.19	15
16 Wirtschafter, Carla	JR	Beverly Hills	19:26.60	16
17 Tribble, Jamie	SO	South Torrance	19:30.86	17
18 Hern, Erin		West Torrance	19:32.70	18
19 Ommen, Ashley	SO	Mira Costa	19:33.29	19
20 Shambaugh, Kelly	FR	Mira Costa	19:40.07	20
21 Brandin, Julie	SO	Mira Costa	19:47.12	21
22 Stites, Lenna		West Torrance	19:52.71	22
23 Lyons, Kady	SR	Torrance	19:55.07	23
24 Ingram, Claire	SO	Palos Verdes	20:04.82	24
25 Filarsky, Kristen	JR	Mira Costa	20:09.85	25

26	Yuen, Kaeli	FR Palos Verdes	20:10.25	26
27	Sandoval, Diana	JR Hawthorne	20:11.06	
28	Fukushima, Naho	SO North Torrance	20:14.61	27
29	Hayden, Brittany	SO Bishop Montgomery	20:15.00	28
30	Li, Pamela	SR Torrance	20:17.91	29
31	McPheeters, Erica	SR Torrance	20:22.22	30
32	Keating, Megan	SO Palos Verdes	20:26.10	31
33	Sponaugle, Patti	SO Torrance	20:29.48	32
34	Mizokawa, Stephanie	FR Palos Verdes	20:38.88	33
35	Lynch, Megan	JR North Torrance	20:42.50	34
36	Jennings, Caitlin	SR Mira Costa	20:46.99	35
37	Bradbury, Deb	JR Beverly Hills	20:48.32	36
38	Fernandez, Alicia	SR South Torrance	20:48.92	37
39	Parker, Shayna	SO Gardena	20:54.15	
40	Wirtschaftler, Valerie	FR Beverly Hills	20:58.97	38
41	Jordan, Joanne	FR Palos Verdes	20:59.37	39
42	Higashiyama, Nicole	SR Torrance	21:02.17	40
43	Kanai, Nazomi	SR North Torrance	21:06.02	41
44	Nishilya, Mika	JR North Torrance	21:06.65	42
45	Kaneko, Mari	SR North Torrance	21:07.25	43
46	Herbertson, Amy	SO Bishop Montgomery	21:12.33	44
47	Sugawara, Lori	JR North Torrance	21:17.12	45
48	Fields, Keshia	SR Bishop Montgomery	21:22.77	46
49	Brown, Allison	JR Santa Monica	21:24.37	47
50	Tamayo, Marisol	JR Redondo Beach	21:27.37	48
51	Salinas, Victoria	FR South Torrance	21:31.22	49
52	Treivush, Masha	JR Beverly Hills	21:38.19	50
53	Tejeda, Alyssa	JR Santa Monica	21:41.05	51
54	Toomey, Michelle	SO Bishop Montgomery	21:46.84	52
55	Daum, Chaz	JR Palos Verdes	21:48.66	53
56	Viray, Jannelle	SO Narbonne	21:52.99	54
57	Hill, Shawna	JR Redondo Beach	21:55.73	55
58	Hall, Amanda	SO Redondo Beach	21:56.95	56
59	Tucker, Betsy	JR Santa Monica	21:57.71	57
60	Pop, Sammi	SO Beverly Hills	21:58.26	58
61	Kono, Cynthia	FR South Torrance	21:58.72	59
62	Ross, Tabitha	SR Santa Monica	22:06.74	60
63	Banning, Lily	SR Santa Monica	22:07.85	61
64	Rodriguez, Paulina	SR Bishop Montgomery	22:10.48	62
65	Olloqui, Belen	SO Junipero Serra	22:11.40	
66	Plascencia, Angelica	FR Narbonne	22:11.95	63
67	Gilson, Lisa	JR Beverly Hills	22:20.73	64
68	Cunningham, Rachel	JR Redondo Beach	22:23.97	65
69	Warren, Megan	JR Bishop Montgomery	22:28.43	66
70	Rossi, Cristina	SR Santa Monica	22:29.26	67
71	Neimroozi, Nicole	SO Redondo Beach	22:42.92	68
72	Gomez, Wendy	JR Narbonne	22:47.52	69
73	Yamanishi, Staci	SR Narbonne	22:59.52	70

74 Bayne, Chloe	FR Palos Verdes	23:06.13	71
75 Samandary, Sarah	SR Beverly Hills	23:20.46	72
76 Portillo, Cecilia	SO Lawndale	23:59.38	
77 Reyes, Sara	SO Narbonne	24:55.44	73
78 Sanchez, Vicky	SO Junipero Serra	26:20.26	
79 Segovia, Graciela	JR Lawndale	29:46.74	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8
1	West Torrance	31	1	3	4	10	13	18	22	
	Total Time:	1:32:30.54								
	Average:	18:30.11								
2	Mira Costa	83	11	12	19	20	21	25	35	
	Total Time:	1:37:08.67								
	Average:	19:25.74								
3	Torrance	105	9	14	23	29	30	32	40	
	Total Time:	1:38:52.50								
	Average:	19:46.50								
4	South Torrance	116	5	8	17	37	49	59		
	Total Time:	1:39:09.27								
	Average:	19:49.86								
5	Palos Verdes	153	24	26	31	33	39	53	71	
	Total Time:	1:42:19.42								
	Average:	20:27.89								
...Event 3 Girls 5k Run CC 2.9 miles Varsity										
6	North Torrance	159	15	27	34	41	42	43	45	
	Total Time:	1:42:34.97								
	Average:	20:31.00								
7	Redondo Beach	168	2	7	48	55	56	65	68	
	Total Time:	1:41:59.87								
	Average:	20:23.98								
8	Beverly Hills	198	16	36	38	50	58	64	72	
	Total Time:	1:44:50.34								
	Average:	20:58.07								
9	Santa Monica	221	6	47	51	57	60	61	67	
	Total Time:	1:45:39.57								
	Average:	21:07.92								
10	Bishop Montgomery	232	28	44	46	52	62	66		
	Total Time:	1:46:47.42								
	Average:	21:21.49								
11	Narbonne	329	54	63	69	70	73			
	Total Time:	1:54:47.42								
	Average:	22:57.49								

**Event 1 Boys 5k Run CC 2.9 miles Junior Varsity**

Name	Year	School	Finals	Points	
1		Castro, Louis	West Torrance	16:17.25	1
2		Peha, Sarkis	JR Mira Costa	16:55.03	2
3		Herrera, Jon	JR Torrance	17:07.54	3
4		Inouye, Gregory	JR Mira Costa	17:11.98	4
5		Asher, Zack	West Torrance	17:21.01	5
6		Wright, Chris	West Torrance	17:21.50	6
7		Heredia, Brandon	JR Torrance	17:21.97	7
8		Mangir, Emre	JR Santa Monica	17:22.68	8
9		Hyun, James	West Torrance	17:29.28	9
10		Le, Andy	West Torrance	17:32.23	10
11		Sarnoff, Nick	JR Beverly Hills	17:35.06	11
12		Algenio, Ryan	SR Torrance	17:37.59	12
13		Hoover, Dave	West Torrance	17:59.54	13
14		Sablan, David	JR Bishop Montgomery	18:00.07	14
15		Ponce, Grady	JR Lawndale	18:04.51	
16		Sahay, Somya	JR South Torrance	18:06.43	15
17		Residor, Patrick	SO Redondo Beach	18:11.45	16
18		Tobenkin, Nicholas	JR Mira Costa	18:15.08	17
19		Coble, Clark	JR South Torrance	18:16.62	18
20		Brackert, Chris	SR Torrance	18:17.18	19
21		Arenas, Ronnie	JR Cams	18:19.47	20
22		Froehlig, Tim	SR Torrance	18:20.04	21
23		Haberstroh, John	SO Bishop Montgomery	18:21.41	22
24		Woolsey, Ken	West Torrance	18:24.63	23
25		Berger, Aaron	JR Beverly Hills	18:25.17	24
26		Bogosian, Greg	JR Santa Monica	18:25.69	25
27		Ovadia, Jeremy	West Torrance	18:37.30	
28		Chang, Collins	West Torrance	18:38.12	
29		Madeux, Daniel	JR South Torrance	18:38.76	26
30		Nguyen, Paul	SO Bishop Montgomery	18:39.26	27
31		Menges, Steven	JR South Torrance	18:42.36	28
32		Huffman, Scott	West Torrance	18:45.23	
33		Torres, Richard	SR Bishop Montgomery	18:46.67	29
34		Schulman, Ethan	JR Mira Costa	18:52.86	30
35		Brown, Patrick	JR South Torrance	19:00.02	31
36		Lee, Daniel	JR North Torrance	19:01.27	32
37		Knight, Richmond	JR Santa Monica	19:02.67	33
38		Chait, Eli	JR Beverly Hills	19:05.84	34
39		Gonzalez, Diego	SO Bishop Montgomery	19:06.70	35
40		Wu, Wayne	West Torrance	19:08.43	
41		Boehm, Lincoln	JR Santa Monica	19:10.05	36
42		Dellinger, Dakota	JR Mira Costa	19:12.56	37
43		Mares, Sergio	JR Bishop Montgomery	19:15.42	38
44		Mullin, Samuel	JR Mira Costa	19:16.49	39
45		Cocke, Taylor	JR Palos Verdes	19:18.08	40

46	Rodriguez, Alex	SR Santa Monica	19:23.84	41
47	Matsuda, Derrick	SR North Torrance	19:24.54	42
48	Averbukh, Ryan	West Torrance	19:25.76	
49	Siegal, Adam	SR Santa Monica	19:27.55	43
50	Ritacco, Dustin	JR Redondo Beach	19:32.94	44
51	Salter, Alex	JR Torrance	19:34.43	45
52	Sumi, Darrel	SO Peninsula	19:38.53	46
53	Otto, Chris	SO Palos Verdes	19:40.17	47
54	Goo, Randy	JR North Torrance	19:41.36	48
55	McQueen, Lamir	SR Santa Monica	19:43.33	49
56	Kikugawa, Blake	JR Peninsula	19:43.97	50
57	Lavin, Ian	JR North Torrance	19:50.84	51
58	Horimoto, Kyle	JR Cams	19:52.41	52
59	Wheeler, Kelsey	SR South Torrance	19:52.94	53
60	Buckley, William	SO Peninsula	19:55.35	54
61	Holmberg, Sunny	West Torrance	19:56.90	
62	Hong, Sunggil	SO North Torrance	19:58.47	55
63	Lee, Young	SO Peninsula	20:00.65	56
64	Wong, Richard	JR Santa Monica	20:01.31	
65	Maldonado, Jimmy	SR Santa Monica	20:07.61	
66	Toeliner, Jonathan	FR Bishop Montgomery	20:08.15	57
67	Pisano, Daniel	JR Palos Verdes	20:08.89	58
68	Chua, Albert	JR Palos Verdes	20:10.06	59
69	Rosen-Prinz, Jeremy	SR Santa Monica	20:12.33	
70	Waldner, Nicolas	SO Peninsula	20:17.62	60
71	Li, Eric	JR Torrance	20:18.15	61
72	Elkman, Alexander	JR Mira Costa	20:18.62	62
73	Syed, Salman	SR Palos Verdes	20:23.36	63
74	Cha, Joe	JR Beverly Hills	20:23.86	64
75	Sisneros, Jacob	JR Bishop Montgomery	20:24.19	
76	Ueda, James	SO Peninsula	20:31.10	65
77	Harvey, Nehemiah	JR Cams	20:32.01	66
78	Burwasser, Joseph	SO Peninsula	20:35.45	67
79	Anzaruth, Gabe	JR Beverly Hills	20:36.70	68
80	Helm, Will	SR Culver City	20:38.27	69
81	McConnell, James	JR Cams	20:38.94	70
82	Ivaini, Yan	SO Redondo Beach	20:40.92	71
83	Cowan, Jeremy	SR Santa Monica	20:41.26	
84	Mathews, Edwin	JR Torrance	20:42.23	
85	Yamamoto, Matt	SO Peninsula	20:43.49	
86	Chan, Daryl	SO Peninsula	20:44.04	
87	Lee, Randy	West Torrance	20:48.73	
88	Cooper, Markeith	JR Leuzinger	20:51.90	
89	Baughfman, Kirk	SR Torrance	20:52.43	
90	Heifetz, Alex	SO Cams	20:53.23	72
91	Peng, Eric	SR Peninsula	20:55.12	
92	Choi, Pauvid	JR Torrance	20:56.61	
93	Karrupiah, Peter	JR Culver City	20:58.66	73



94	Michaels, Patrick	JR Palos Verdes	20:59.12	74
95	Tanaka, Sheldon	JR Cams	20:59.47	75
96	Dempster, Will	SR South Torrance	21:04.82	76
97	Yeh, Paul	SO Peninsula	21:05.47	
98	Ou, Richard	JR Peninsula	21:06.54	
99	Doyle, Brendan	FR Beverly Hills	21:08.96	77
100	Kabiling, Ronald	SO Bishop Montgomery	21:15.08	
101	Jafari, Kamron	JR Bishop Montgomery	21:23.81	
102	Mody, Aniket	JR South Torrance	21:24.17	
103	Blackman, Mike	SR Santa Monica	21:27.04	
104	Rutgen, Tyler	SR Redondo Beach	21:28.09	78
105	Montes, Richard	JR Leuzinger	21:30.91	
106	Parcells, Garrett	JR Santa Monica	21:31.66	
107	Arreola, Robert	SO Lawndale	21:32.15	
108	Perry, Evan	JR South Torrance	21:32.72	
109	Park, Brian	JR Torrance	21:34.00	
110	Woods, Clark	SO Redondo Beach	21:35.02	79
111	Guitierrez, Sal	JR Hawthorne	21:35.60	
112	Toma, Mark	JR North Torrance	21:37.97	80
113	Kadivar, Rob	JR Beverly Hills	21:39.00	81
114	Nakayama, Keigo	SO Peninsula	21:39.70	
115	Boule, Henry	JR Torrance	21:40.33	
116	Terrell, Eddie	SR Bishop Montgomery	21:40.82	
117	Oden, Greg	SR Torrance	21:42.38	
118	Hoang, Brandon	JR Cams	21:51.31	82
119	Kaw, Anthony	FR Bishop Montgomery	21:57.28	
120	Webb, Ray	JR Leuzinger	22:17.27	
121	Harris, Mike	JR Beverly Hills	22:18.45	
122	Angel, Will	JR Palos Verdes	22:28.18	83
123	Rodriguez, Mauricio	FR Culver City	22:28.59	84
124	Tapia, Jerry	Cams	22:30.12	
125	Lockhart, Matt	JR Beverly Hills	22:32.55	
126	O'Rourke, Michael	SR South Torrance	22:34.83	
127	Kelley, Cole	JR Beverly Hills	22:40.35	
128	Wight, Chris	JR Torrance	22:47.23	
129	Coons, Alex	SR Culver City	22:52.17	85
130	Mahfet, Jeremy	FR Bishop Montgomery	22:58.42	
131	Hawelti, Senai	FR Bishop Montgomery	22:59.34	
132	Yamashiro, Derek	JR North Torrance	23:04.73	86
133	Meyer, Christopher	JR Peninsula	23:21.00	
134	Velez, Bryan	FR Bishop Montgomery	23:23.16	
135	Cagigal, Jose	SO Redondo Beach	23:23.47	87
136	Lee, Jae-Hyan Paul	SO Peninsula	23:24.13	
137	Huynh, Kevin	JR Leuzinger	23:25.89	
138	Goins, Kyle	JR Torrance	23:28.16	
139	Clay, Randall	JR St. Bernard	23:35.54	
140	Brown, Justin	SO St. Bernard	23:35.99	
141	Grossman, Gabe	JR Beverly Hills	23:40.14	



	Average:	19:35.30								
9	Peninsula		266	46	50	54	56	60	65	67
	Total Time:	1:39:36.12								
	Average:	19:55.23								
10	Palos Verdes		267	40	47	58	59	63	74	83
	Total Time:	1:39:40.56								
	Average:	19:56.12								
11	Cams		280	20	52	66	70	72	75	82
	Total Time:	1:40:16.06								
	Average:	20:03.22								
12	Redondo Beach		288	16	44	71	78	79	87	88
	Total Time:	1:41:28.42								
	Average:	20:17.69								
13	Culver City		400	69	73	84	85	89	90	91
	Total Time:	1:51:43.03								
	Average:	22:20.61								

**Event 2 Girls 5k Run CC 2.9 miles Junior Varsity**

Name	Year School	Finals	Points
1 Breski, Danielle	West Torrance	19:58.32	1
2 White, Jaclyn	SO Bishop Montgomery	20:05.95	2
3 Martinez, Tiffany	West Torrance	20:11.69	3
4 Sloane, Heather	SR Mira Costa	20:16.57	4
5 Rodriguez, Jennifer	West Torrance	20:18.50	5
6 Goldsmith, Jessica	West Torrance	20:22.46	6
7 Mora, Michelle	West Torrance	20:44.98	7
8 Osborne, Gloria	West Torrance	20:52.53	8
9 Maeda, Christine	West Torrance	20:58.14	9
10 Osborn, Kasey	SO Torrance	20:59.05	10
11 Sponaugle, Mary	SR Torrance	20:59.53	11
12 Rocha, Gysselle	SO Torrance	20:59.97	12
13 Mercer, Kellen	SO Palos Verdes	21:16.96	13
14 Tsurakami, Katherine	SR North Torrance	21:17.83	14
15 Ratner, Jessica	SO Mira Costa	21:29.38	15
16 Cowan, Annalise	SO Mira Costa	21:41.98	16
17 Matsukawa, Christie	SO Torrance	21:42.83	17
18 Ball, Brittany	West Torrance	21:43.27	
19 Yang, Beverly	SR Palos Verdes	21:44.98	18
20 Day, Kaylee	SO Palos Verdes	21:46.49	19
21 Ives, Emily	JR Beverly Hills	21:50.75	20
22 Rodriguez, Rashell	West Torrance	22:07.61	
23 Watkinson, Elizabeth	West Torrance	22:11.47	
24 Thom, Natalie	JR North Torrance	22:14.16	21
25 Stecher, Leah	JR Santa Monica	22:16.75	22

26	Dickert, Alyssa	JR Bishop Montgomery	22:18.08	23
27	Takai, Katie	SR North Torrance	22:18.96	24
28	Rosen, Katherine	SO South Torrance	22:20.40	25
29	Morgan, Erika	SO Mira Costa	22:21.67	26
30	Cordon, Diana	JR Beverly Hills	22:23.08	27
31	Lau, Viola	West Torrance	22:27.01	
32	Miyoshi, Heather	JR Torrance	22:30.57	28
33	Hafeza, Suzanne	SO South Torrance	22:35.63	29
34	Meyer, Danielle	JR Santa Monica	22:37.48	30
35	CoCo, Lisa	SO Redondo Beach	22:47.76	
36	Podzimek, Michelle	JR North Torrance	22:51.46	31
37	Williams, Chelsea	SO South Torrance	22:51.92	32
38	Martin, Caitlin	SO Torrance	22:53.77	33
39	Camarena, Jasmin	SO Bishop Montgomery	23:04.90	34
40	Skillen, Sarah	SO Palos Verdes	23:06.30	35
41	Brincat, Olivia	SO Redondo Beach	23:07.31	
42	Moore, Natalie	JR Mira Costa	23:09.49	36
43	Morford, Sarah	West Torrance	23:10.26	
44	Chiang, Courtney	JR Torrance	23:14.81	37
45	Keen, Carly	JR Mira Costa	23:15.65	38
46	McHale, Jenna	SO South Torrance	23:16.47	39
47	Messer, Natalie	SO Torrance	23:18.94	
48	Guerrero, Cheryl	SO Bishop Montgomery	23:25.80	40
49	Chryss, Danielle	SO Palos Verdes	23:29.02	41
50	Ramillano, Marielle	SR Torrance	23:29.57	
51	Romero, Anastasia	SO Torrance	23:32.06	
52	Campbell, Rachel	JR South Torrance	23:42.72	42
53	Chory, Kayla	SO Mira Costa	23:44.92	43
54	Young, Jennifer	West Torrance	23:45.99	
55	Rose, Alejandra	SO South Torrance	23:46.33	44
56	Bellini, Hanna	SO Santa Monica	23:50.33	45
57	Fleming, Jennifer	SR Santa Monica	23:53.17	46
58	Picker, Stephanie	SO Torrance	24:00.13	
59	Montoya, Maria	SO Leuzinger	24:02.13	
60	Weinkle, Jennie	SR Beverly Hills	24:04.43	47
61	Hernandez, Anna	JR Santa Monica	24:09.83	48
62	Larson, Haley	SR Bishop Montgomery	24:15.00	49
63	Melgar, Geraldine	JR Lawndale	24:16.94	50
64	Berkman, Jackie	SO Santa Monica	24:24.44	51
65	Raffi, Tara	SO Beverly Hills	24:24.98	52
66	Carmody, Kendra	SO South Torrance	24:27.20	53
67	Angulo, Michelle	JR Torrance	24:35.57	
68	Hieber, Sarah	SO Culver City	24:41.53	
69	Richardson, Sara	FR Bishop Montgomery	24:49.60	54
70	Lopes, Ashley	West Torrance	24:52.20	
71	Seraj, Seema	JR South Torrance	24:56.91	
72	Madhusudhan, Malini	SO South Torrance	25:05.74	
73	Kirkendoll, Sara	SO South Torrance	25:13.75	

74	Goldstein, Jackie	JR Palos Verdes	25:26.33	55
75	Iizuka, Kristin	SO Torrance	25:31.18	
76	Kim, Bo	SR Santa Monica	25:31.60	56
77	Tulchin, Talor	SO Santa Monica	25:32.25	
78	Chadwell, Sara	SO South Torrance	25:34.75	
79	Chang, Jennifer	SO South Torrance	25:38.92	
80	McClellan, Megan	SO Bishop Montgomery	25:40.76	57
81	Yamashiro, Laura	JR Torrance	25:46.23	
82	Tillapaugh, Alex	JR North Torrance	25:51.95	58
83	Burnett, Corey	SO North Torrance	25:52.78	59
84	Shimizu, Lauren	JR North Torrance	25:54.56	60
85	Melendez, Sally	JR North Torrance	25:56.67	
86	Ng, Wendy	JR Santa Monica	25:57.36	
87	Deckared, Gina	SO Culver City	25:57.82	
88	Ngo, Ngochan	SO Leuzinger	25:58.21	
89	Nunez, Cynthia	SR Bishop Montgomery	25:58.53	
90	Gonzales, Jennifer	SO Torrance	26:02.52	
91	Koltko, Heather	SO South Torrance	26:08.44	
92	Ostrin, Ilana	FR Culver City	26:10.64	
93	Jones, Cassie	SO South Torrance	26:14.75	
94	Kermani, Genevieve	SO Beverly Hills	26:18.63	61
95	Allen, Carly	SO Beverly Hills	26:18.99	62
96	Alford, Jennifer	JR Bishop Montgomery	26:19.55	
97	Scheglov, Masha	JR Beverly Hills	26:25.23	63
98	Klyce, Latrice	JR Leuzinger	26:26.07	
99	Kaira, Rahul	FR Beverly Hills	26:26.70	
100	Briggs, Alison	SO Redondo Beach	26:28.88	
101	Ha, Tiffany	JR North Torrance	26:37.66	
102	Cherry, Lisa	SO Palos Verdes	26:40.31	64
103	Shina, Yael	SO Santa Monica	26:41.11	
104	Jacobs, Molly	SO Beverly Hills	26:42.25	
105	Swigart, Elizabeth	FR Redondo Beach	26:45.02	
106	Stivers, Sara	SO Santa Monica	26:48.81	
107	Argueta, Maria	JR Beverly Hills	26:54.68	
108	Lim, Gloria	JR Santa Monica	26:56.72	
109	Tan, Qiuxue	SO Santa Monica	27:01.21	
110	Matsunaga, Michelle	SO Santa Monica	27:02.21	
111	Hall, Kaytlin	SR Santa Monica	27:17.95	
112	Robbins, Lecia	JR St. Bernard	27:26.10	
113	Lacoe, Rachael	SO North Torrance	27:26.60	
114	Reich, Monica	SR Santa Monica	27:43.32	
115	Hirai, Stephanie	SO Torrance	27:49.66	
116	Thom, Rachael	SO North Torrance	27:56.79	
117	Rodriguez, Jeanice	JR Bishop Montgomery	27:58.38	
118	Liao, Cassie	SO South Torrance	28:20.78	
119	Kerdoon, Sophia	JR Palos Verdes	28:27.06	
120	Haro, Lupe	JR Hawthorne	28:28.31	
121	Watkins, Ariel	SO Mira Costa	28:31.30	

122	Tucker, Danielle	SO Beverly Hills	28:39.72	
123	Velasco, Crystal	SR Torrance	28:45.36	
124	Kunstler, Emily	JR Santa Monica	28:57.52	
125	Ebihim, Amanda	FR Beverly Hills	29:11.88	
126	England, Michaela	FR Beverly Hills	29:14.19	
127	Shayan, Tanaz	SO Beverly Hills	29:14.62	
128	Chung, Lina	JR Beverly Hills	29:15.09	
129	Jaeger, Natalie	JR Beverly Hills	29:15.59	
130	Mendoza, Sophia	SO Torrance	29:38.79	
131	Shah, Anjuman	SO South Torrance	29:46.64	
132	Tom, Corrine	FR Lawndale	30:16.53	65
133	Lopez, Ashley	FR Lawndale	30:16.87	66
134	Vanhook, Tamera	JR Leuzinger	31:28.15	
135	Ramirez, Crystal	SO Torrance	31:29.60	
136	Brown, Brittany	FR St. Bernard	31:41.64	
137	Lerma, Maria	JR Hawthorne	32:33.02	
138	Hall, Amanda	SR St. Bernard	32:45.00	
139	Santana, Michelle	SO Lawndale	32:45.41	67
140	Map, Raquell	JR Beverly Hills	32:46.92	
141	Tylke, Melanie	SO South Torrance	32:48.37	
142	Yi, Kathy	JR Beverly Hills	32:56.71	
143	Cupul, Rebecca	JR Lawndale	34:02.66	68
144	Carillo, Jackie	Lawndale	34:14.41	69

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8
=====										
1	West Torrance	22	1	3	5	6	7	8	9	
	Total Time:	1:41:35.95								
	Average:	20:19.19								
2	Torrance	78	10	11	12	17	28	33	37	
	Total Time:	1:47:11.95								
	Average:	21:26.39								
3	Mira Costa	97	4	15	16	26	36	38	43	
	Total Time:	1:48:59.09								
	Average:	21:47.82								
4	Palos Verdes	126	13	18	19	35	41	55	64	
	Total Time:	1:51:23.75								
	Average:	22:16.75								
5	Bishop Montgomery	148	2	23	34	40	49	54	57	
	Total Time:	1:53:09.73								
	Average:	22:37.95								
6	North Torrance	148	14	21	24	31	58	59	60	
	Total Time:	1:54:34.36								
	Average:	22:54.88								
7	South Torrance	167	25	29	32	39	42	44	53	

	Total Time:	1:54:47.14							
	Average:	22:57.43							
8	Santa Monica		191	22	30	45	46	48	51 56
	Total Time:	1:56:47.56							
	Average:	23:21.52							
9	Beverly Hills		207	20	27	47	52	61	62 63
	Total Time:	1:59:01.87							
	Average:	23:48.38							
10	Lawndale		316	50	65	66	67	68	69
	Total Time:	2:31:38.41							
	Average:	30:19.69							

**Event 5 Boys 5k Run CC 2.9 miles Soph**

Name	Year	School	Finals	Points
1 Banihashemi, Ashkon		West Torrance	16:13.03	1
2 Rowe, Connor	SO	Mira Costa	16:14.37	2
3 Ostrum, Jeff		West Torrance	16:20.69	3
4 Williams, David	SO	Mira Costa	16:22.28	4
5 Cruz, Ramon	SO	Torrance	16:46.14	5
6 Sisco, Dustin		West Torrance	16:47.02	6
7 Djenderedjian, Levon	SO	Peninsula	16:47.59	7
8 Gil, Joon	SO	Peninsula	16:51.23	8
9 Garrity, Christopher	SO	Mira Costa	16:52.14	9
10 Yamada, Hiroki	SO	Peninsula	16:53.37	10
11 Amin, Zohaib	SO	Peninsula	16:54.01	11
12 Hanley, Kevin	SO	Mira Costa	16:55.94	12
13 Oyakawa, Yusuke	SO	Peninsula	16:59.41	13
14 Unguez, Brendan	SO	Peninsula	17:00.48	14
15 Momohara, Dennis	SO	Torrance	17:10.80	15
16 Onizuka, Brian		West Torrance	17:15.48	16
17 Shulga, Volodya	SO	Mira Costa	17:18.12	17
18 Cruz, Jose	SO	Torrance	17:18.47	18
19 Wolfgang, Spencer	SO	Mira Costa	17:23.61	19
20 Livingston, Zack		West Torrance	17:24.05	20
21 Meyers, Timothy	SO	Mira Costa	17:34.16	21
22 Treacy, Patrick	SO	Torrance	17:39.36	22
23 Einstein, Max	SO	Santa Monica	17:40.40	23
24 Fields, Robert	SO	Mira Costa	17:41.24	
25 Pang, Kevin	SO	Cams	17:42.05	
26 Diffoot, Eric		West Torrance	17:44.15	24
27 Oye, Derek	SO	North Torrance	17:47.40	25
28 Vaca, Jaime	JR	Hawthorne	17:54.06	
29 Reinertsen, Erik	SO	South Torrance	17:55.13	26
30 Rojas, Jordan		West Torrance	17:56.34	27

31	Saks, Alexander	SO Mira Costa	17:57.87	
32	Shah, Sahil	West Torrance	17:59.70	
33	Bloch, Jake	SO Santa Monica	18:01.24	28
34	Tikker, Ryan	SO Mira Costa	18:05.63	
35	Lew, Randy	SO South Torrance	18:06.93	29
36	Son, Eric	SO Torrance	18:08.12	30
37	Alba, Julio	SO Santa Monica	18:08.83	31
38	Bandel, Ryan	SO Mira Costa	18:09.63	
39	Kim, Daniel	SO Peninsula	18:13.81	32
40	Amaya, Andrew	SO Mira Costa	18:16.40	
41	Go, Alvin	West Torrance	18:21.49	
42	Hashimoto, Andrew	SO South Torrance	18:24.10	33
43	Lopez, Ivan	SO Cams	18:26.60	
44	Dupreeon, Luke	SO North Torrance	18:27.12	34
45	Yang, Dustin	SO Peninsula	18:27.73	
46	Ueda, Bryan	SO North Torrance	18:29.17	35
47	Salinger, Russel	SO Torrance	18:30.63	36
48	Moody, Jason	SO North Torrance	18:31.18	37
49	Chan, Casey	West Torrance	18:31.67	
50	Mashhood, Farzad	SO Peninsula	18:36.23	
51	Amsden, Forest	SO Peninsula	18:38.80	
52	Istrin, Jordan	SO Beverly Hills	18:40.68	38
53	Uchima, Derek	SO South Torrance	18:44.42	39
54	Ung, Kevin	West Torrance	18:45.13	
55	Franco, Eleazar	SO Torrance	18:49.86	40
56	Zollinger, Andre	SO South Torrance	18:50.15	41
57	Adami, Omid	SO Santa Monica	18:50.48	42
58	Noor, Khalid	West Torrance	18:54.22	
59	Li, Mark	West Torrance	18:58.54	
60	Beigel, Jimmy	SO South Torrance	19:00.03	43
61	Pomatti, Drew	SO Santa Monica	19:04.98	44
62	Solter, Andrew	SO Santa Monica	19:06.80	45
63	Ward, Matthew	SO Mira Costa	19:09.13	
64	Tong, Jonathan	SO Mira Costa	19:09.80	
65	Sato, Kaito	North Torrance	19:10.36	46
66	Rueger, Tim	SO South Torrance	19:11.30	47
67	Tsao, David	SO Mira Costa	19:13.75	
68	Stieber, Adam	SO Torrance	19:21.24	
69	Matsuoka, Kevin	SO Torrance	19:22.01	
70	Rice, Danny	SO Culver City	19:32.89	
71	Lanterman, Michael	SO Mira Costa	19:34.99	
72	Kam, Scott	West Torrance	19:36.35	
73	Young, Elliot	SO Torrance	19:39.47	
74	Arauz, Edgar	SO Leuzinger	19:46.13	
75	Ricci, Bryan	SO Palos Verdes	19:46.70	48
76	Butt, Ryan	SO Torrance	19:47.84	
77	Williams, Ryan	SO Mira Costa	19:51.92	
78	Tamae, Charles	SO Torrance	19:58.35	



79	Tanaka, Jon	SO Santa Monica	20:00.20	49
80	Bromberg, Michael	SO Santa Monica	20:00.64	
81	Lin, Ryan	SO Santa Monica	20:00.97	
82	Moore, Chahir	SO Culver City	20:03.72	
83	LeBlanc, Loren	SO Culver City	20:05.98	
84	Freimer, Jacob	SO Santa Monica	20:07.26	
85	Winston, Mike	SO Culver City	20:08.36	
86	Akutagawa, Sean	SO North Torrance	20:09.22	50
87	Keating, Robert	SO Palos Verdes	20:11.43	51
88	Lee, Timothy	SO West Torrance	20:11.88	
89	Le, Bryan	SO Mira Costa	20:13.59	
90	Saiki, Daisuke	West Torrance	20:14.43	
91	Cramer, Clayton	SO Palos Verdes	20:16.00	52
92	Sherbak, Ross	SO Mira Costa	20:18.82	
93	Langer, Peter	SO Mira Costa	20:23.78	
94	Nelson, Ben	JR Beverly Hills	20:29.47	53
95	Mizokami, Sean	SO Torrance	20:30.75	
96	Tjahyono, Alton	SO South Torrance	20:41.56	
97	Imamura, Stephen	SO Mira Costa	20:43.78	
98	Grabowski, Paul	SO Santa Monica	20:49.64	
99	Swerhone, Lynne	FR Beverly Hills	20:57.38	54
100	Mahsoul, Sean	SO Santa Monica	21:02.07	
101	Choi, Sung	SO South Torrance	21:07.18	
102	Eng, Greg	SO Palos Verdes	21:11.48	55
103	Tran, Steven	SO North Torrance	21:12.47	56
104	Shin, Brian	SO South Torrance	21:13.45	
105	Young, Matt	SO Palos Verdes	21:21.96	57
106	Ioki, Richie	SO South Torrance	21:23.93	
107	Yoneyama, Casey	SO South Torrance	21:27.75	
108	Solemani, Justin	SO Beverly Hills	21:32.47	58
109	Edirisinghe, Chandana	SO Cams	21:39.80	
110	Dubin, Steven	SO Santa Monica	21:43.73	
111	Gray, Brandon	SO Leuzinger	21:49.42	
112	Simon, Danny	SO Mira Costa	21:50.37	
113	Otzoy, Jahiro	SO Cams	21:52.54	
114	Lapinski, Brian	FR Beverly Hills	21:55.28	59
115	Tran, Thomas	SO Mira Costa	21:59.44	
116	Barke, Samuel	SO Torrance	22:02.79	
117	Goto, Taiju	SO North Torrance	22:05.11	
118	Villa, Delfino	SO Junipero Serra	22:07.69	
119	Evans, Troy	SO Torrance	22:09.36	
120	Perez, Paul	SO South Torrance	22:14.83	
121	Rothenberg, Jason	SO South Torrance	22:36.16	
122	Wilson, Scott	SO Palos Verdes	22:50.40	60
123	Nolan, Ryan	SO North Torrance	22:56.12	
124	Baba, Eric	SO Torrance	23:02.23	
125	Darvish, Elliot	SO Beverly Hills	23:02.54	61
126	Dhama, Ravi	SO Palos Verdes	23:45.68	62



**Event 6 Girls 5k Run CC 2.9 miles Frosh**

Name	Year	School	Finals	Points
1 Inoyue, Elena		West Torrance	20:13.50	1
2 Friess, Natalie	FR	Torrance	20:36.00	2
3 Corrao, Caityn		West Torrance	21:12.50	3
4 Waters, Kendall	FR	Mira Costa	21:18.48	4
5 Castro, Annie		West Torrance	21:18.79	5
6 Nakamura, Maki	FR	Santa Monica	21:25.24	6
7 Banach, Catherine	FR	Santa Monica	21:29.78	7
8 Goldberg, Corinne	FR	Mira Costa	21:45.35	8
9 Brandin, Jessica	FR	Mira Costa	21:47.25	9
10 Redderson-Lear, Kate	FR	Torrance	22:00.75	10
11 Tellez, Anna	FR	Santa Monica	22:02.45	11
12 Ito, Emi	FR	Torrance	22:20.59	12
13 Califano, Jenna	FR	Palos Verdes	22:32.20	
14 King, Kristina	FR	Mira Costa	22:37.14	13
15 Yarbrough, Carolyn	FR	Mira Costa	22:38.80	14
16 Shapiro, Lauren	FR	Mira Costa	22:45.10	15
17 Chait, Brit	FR	Beverly Hills	22:45.48	16
18 Henkhas, Laura		West Torrance	22:55.22	17
19 Rushinskas, Laura	FR	Santa Monica	22:55.69	18
20 Perez, Jessica	JR	Cams	23:01.55	19
21 Sopp, Kara	FR	Redondo Beach	23:03.30	20
22 Califano, Christina	FR	Palos Verdes	23:05.78	
23 unknown girl, 1		Beverly Hills	23:06.82	21
24 Bosworth, Katherine	FR	Redondo Beach	23:09.88	22
25 Paul, Kelly	FR	Mira Costa	23:11.51	23
26 Vientos, Brittany		West Torrance	23:16.65	24
27 Bazak, Christina	FR	Palos Verdes	23:18.52	
28 O'Rourke, Megan	FR	South Torrance	23:23.85	
29 Kunishima, Karli	FR	North Torrance	23:25.42	
30 Oshiro, Janet	FR	Mira Costa	23:33.17	
31 Lee, Ellis	FR	South Torrance	23:38.30	
32 Jamieson, Elizabeth		West Torrance	23:42.37	25
33 Sato, Akari	FR	Torrance	23:46.94	26
34 King, Hilary		West Torrance	23:56.50	27
35 Harless, Erin	FR	Mira Costa	24:08.43	
36 Sumait, Nikki	SO	Cams	24:11.13	28
37 Kelly, Meghan	FR	Cams	24:13.61	29
38 Pech, Megan	FR	North Torrance	24:17.63	
39 Hoffman, Samantha		West Torrance	24:27.77	
40 Bissailon, Ashley	FR	Redondo Beach	24:34.87	30
41 Baker, Rachel	FR	Redondo Beach	24:41.59	31
42 Grossman, Helen	FR	Beverly Hills	24:44.38	32
43 Shatts, Jenny	JR	Cams	24:47.03	33
44 Chen, Kathleen	FR	Mira Costa	25:06.53	



	Average:	21:47.34								
3	Santa Monica		79	6	7	11	18	37	46	47
	Total Time:	1:53:31.44								
	Average:	22:42.29								
4	Torrance		88	2	10	12	26	38	39	44
	Total Time:	1:54:29.97								
	Average:	22:54.00								
5	Redondo Beach		137	20	22	30	31	34	36	
	Total Time:	2:00:43.08								
	Average:	24:08.62								
6	Cams		144	19	28	29	33	35	45	
	Total Time:	2:01:37.98								
	Average:	24:19.60								
7	Beverly Hills		150	16	21	32	40	41	42	43
	Total Time:	2:02:50.62								
	Average:	24:34.13								

**Event 7 Boys 5k Run CC 2.9 miles Frosh**

Name	Year	School	Finals	Points
1 Coffman, Daman	FR	Santa Monica	17:04.39	1
2 Enomoto, Rio		West Torrance	17:09.88	2
3 Kemper, Gregory	FR	Peninsula	17:10.98	3
4 Giles, Mitchell	FR	Mira Costa	17:13.31	4
5 Conover, Adam	FR	Mira Costa	17:14.44	5
6 Catena, David	FR	South Torrance	17:21.69	6
7 Quintero, Ryan		West Torrance	17:27.23	7
8 Funnell, Johnny	FR	Palos Verdes	17:37.99	8
9 Stillo, Mike	FR	Palos Verdes	17:40.32	9
10 Adler, Alexander	FR	Mira Costa	17:42.54	10
11 Starinieri, Nicholas	FR	Peninsula	17:54.03	11
12 Lewis, Matt	FR	North Torrance	17:58.09	12
13 Conover, Ryan	FR	Mira Costa	18:02.17	13
14 Hollingsworth, William	FR	Mira Costa	18:03.59	14
15 Kalinowski, Daniel	FR	Mira Costa	18:04.04	15
16 Yasunaga, Shohei	FR	Peninsula	18:04.84	16
17 Sta Ana, Janiel	FR	Cams	18:06.30	
18 Cessor, Josh	FR	North Torrance	18:07.84	17
19 Suwa, Michael	FR	Torrance	18:09.64	18
20 Einstein, Simon	FR	Santa Monica	18:13.06	19
21 Bianchi, Joey		West Torrance	18:13.89	20
22 Yagi, Yuki	FR	Peninsula	18:14.66	21
23 Dotemoto, Phillip	FR	Mira Costa	18:15.79	22
24 Pitts, Brandon	FR	North Torrance	18:16.76	23
25 Naka, Eugene	FR	Peninsula	18:19.53	24

26	Song, Joshua	FR North Torrance	18:20.42	25
27	Vayzner, David	FR Beverly Hills	18:22.57	26
28	Desilva, Chatura	FR Beverly Hills	18:23.63	27
29	Shibahara, Mizuki	FR Peninsula	18:24.94	28
30	Laszlo, Alex	FR North Torrance	18:26.64	29
31	Wakida, Alan	FR Peninsula	18:31.84	30
32	Hora, Julian	FR Peninsula	18:42.67	
33	Auerbach, Mark	FR Palos Verdes	18:45.92	31
34	Cincotta, Nick	FR South Torrance	18:48.18	32
35	Pederson, Jon	West Torrance	18:48.98	33
36	Peindl, Chris	FR Palos Verdes	18:50.81	34
37	Kaneko, Robbie	FR North Torrance	18:53.50	35
38	Varon, Daniel	FR Palos Verdes	18:54.54	36
39	Watanabe, Yuta	West Torrance	18:56.39	37
40	Rios, Michael	West Torrance	19:00.64	38
41	Kendall-Bar, Nicolas	FR Santa Monica	19:03.15	39
42	Morris, Joshua	FR Torrance	19:06.45	40
43	McCarty, Joshua	FR West Torrance	19:07.49	41
44	Reyes, Steven	FR Torrance	19:14.55	42
45	Horvat, Benjamin	West Torrance	19:15.73	
46	Sono, Masaki	FR North Torrance	19:16.91	43
47	Keswani, Nirat	West Torrance	19:17.31	
48	Lopez, Noah	FR Torrance	19:23.62	44
49	Morioka, Mason	FR West Torrance	19:30.93	
50	Weissler, Adam	FR Santa Monica	19:32.33	45
51	Rivera, Daniel	FR Hawthorne	19:39.12	
52	Ayeroff, Dan	FR Beverly Hills	19:40.22	46
53	Nguyen, Andrew	FR Mira Costa	19:41.05	
54	Harada, Lyle	West Torrance	19:41.50	
55	Epstein, Joshua	FR Santa Monica	19:44.46	47
56	Assasa, Ezhar	West Torrance	19:45.37	
57	Fujii, Jonathan	FR Palos Verdes	19:45.93	48
58	Fletcher, Brian	FR Santa Monica	19:46.90	49
59	lee, Justin	West Torrance	19:47.58	
60	Kanda, Chris	West Torrance	19:48.05	
61	Dyo, Jeff	West Torrance	19:48.36	
62	Tramer, Jeremy	FR Santa Monica	19:48.65	50
63	Landworth, Kai	FR Santa Monica	19:50.94	
64	Kim, Micheal	West Torrance	19:51.56	
65	Sono, Greg	FR North Torrance	19:52.45	
66	Allegan, Michael	FR Mira Costa	19:54.91	
67	Nelson, Hank	FR Redondo Beach	19:56.81	51
68	Four, Arthur	FR Santa Monica	20:00.91	
69	Webber, Justin	FR Palos Verdes	20:04.95	52
70	Lee, Alex	FR Peninsula	20:05.71	
71	Thorsen, Andrew	FR North Torrance	20:06.86	
72	Friedlander, Scott	FR Mira Costa	20:09.28	
73	McGowan, Alasdair	FR Palos Verdes	20:09.90	

74	Odom, Matt	West Torrance	20:15.31	
75	Mccann, Jack	West Torrance	20:20.29	
76	Nelson, Delon	West Torrance	20:24.06	
77	Wong, Scott	FR Palos Verdes	20:24.56	
78	Grebler-Hull, Jesse	SO Santa Monica	20:25.06	
79	Hayashi, Chasen	West Torrance	20:25.78	
80	Palumbo, Frankie	FR South Torrance	20:26.61	53
81	Shimasaki, Jeff	North Torrance	20:27.55	
82	Clark, Kevin	FR North Torrance	20:30.78	
83	Cohen, Matthew	FR Santa Monica	20:32.58	
84	Lee, Robert	FR Torrance	20:33.10	54
85	Toobi, Jon	FR Beverly Hills	20:36.88	55
86	Moller, Spencer	FR Mira Costa	20:38.44	
87	Ariminianfar, Arman	FR Beverly Hills	20:38.95	56
88	Nakashima, Brandon	FR North Torrance	20:39.95	
89	Cuellar, Michael	FR Torrance	20:40.33	57
90	Saldana, Hector	FR Hawthorne	20:40.73	
91	Lin, Reikan	FR South Torrance	20:46.04	58
92	Scachetti, Joe	West Torrance	20:47.53	
93	Kim, Jason	West Torrance	20:48.66	
94	Oliveira, Lucas	FR Torrance	20:50.21	59
95	Gorman, Owen	FR Santa Monica	20:51.12	
96	Goalen, Matthew	FR Santa Monica	20:52.31	
97	Dickinson, Will	FR Santa Monica	21:00.06	
98	Ohara, Taisho	FR Peninsula	21:02.51	
99	Dyo, Robert	West Torrance	21:06.55	
100	Mattson, Kyle	West Torrance	21:11.12	
101	Mayeda, Matt	West Torrance	21:12.14	
102	Williams, kevin	FR Mira Costa	21:12.75	
103	Hawkins, Chase	FR Palos Verdes	21:17.50	
104	Dobson, Tyler	FR Palos Verdes	21:21.26	
105	Horn, Zach	FR Cams	21:24.72	
106	Kantor, Alex	FR Beverly Hills	21:25.04	60
107	Liew, Isaac	FR Peninsula	21:31.09	
108	Winter, Michael	FR South Torrance	21:31.91	61
109	Doiev, Nathan	FR Mira Costa	21:32.65	
110	Sun, Chien-Heng	FR Peninsula	21:34.38	
111	Kaing, Henry	FR Peninsula	21:35.79	
112	Moore, Michael	FR Mira Costa	21:36.25	
113	Bailey, Mark	FR Peninsula	21:39.75	
114	Bond, Ethan	FR Beverly Hills	21:42.22	62
115	Rivers, Rob	FR Beverly Hills	21:42.54	
116	Smith, Steve	FR South Torrance	21:45.42	63
117	Preble, Ethan	FR Redondo Beach	21:51.06	64
118	Petter, Kyle	FR West Torrance	21:53.82	
119	Sullivan, Josh	FR Mira Costa	21:54.35	
120	Bena, Ryan	FR Palos Verdes	21:54.82	
121	Kramer, Matt	FR Santa Monica	21:57.16	

122	Kimura, Shintaro	FR Torrance	21:58.19	
123	Dietzler, Bradley	FR Mira Costa	21:59.18	
124	Kim, Philip	FR North Torrance	22:00.53	
125	Davis, Jordan	FR South Torrance	22:00.95	65
126	Kim, Andrew	West Torrance	22:02.99	
127	Pritcher, Jonathan	FR Santa Monica	22:03.49	
128	Han, Minho	FR Torrance	22:04.17	
129	Lures, Richard	FR Redondo Beach	22:05.33	66
130	Wang, Bryan	West Torrance	22:05.99	
131	Rosenburg, Aaron	FR Palos Verdes	22:07.04	
132	Dellinger, Montana	FR Mira Costa	22:10.01	
133	Wong, Derek	FR Mira Costa	22:11.06	
134	Napuk, Alex	FR South Torrance	22:11.82	
135	Courey, Stephanos	FR Redondo Beach	22:14.33	67
136	Chen, Phillip	West Torrance	22:22.73	
137	Ashely, David	FR South Torrance	22:31.04	
138	Su, Andrew	FR Peninsula	22:39.65	
139	Ueda, Christopher	FR Peninsula	22:40.93	
140	Banning, Jake	FR Santa Monica	22:47.26	
141	Mkitarian, Johnny	FR Santa Monica	22:48.16	
142	Beroukhim, Kourosch	SO Beverly Hills	22:55.65	
143	Chiang, Jeff	FR Beverly Hills	22:58.33	
144	Schwartz, David	FR Redondo Beach	22:58.86	68
145	Skootsky, Justin	FR Santa Monica	22:59.74	
146	Fitzpatrick, John	FR Santa Monica	23:00.73	
147	Kotlerman, Alexander	FR Santa Monica	23:03.41	
148	Lee, Josh	West Torrance	23:05.35	
149	Belli, Russ	FR Beverly Hills	23:09.24	
150	Xia, Sean	FR Torrance	23:22.46	
151	Kuehne, Ryan	FR Mira Costa	23:22.81	
152	Grabb, Ari	FR Palos Verdes	23:26.15	
153	Kim, Peter	FR North Torrance	23:30.10	
154	Haynes, David	FR Mira Costa	23:34.31	
155	DeCastro, Jared	FR Torrance	23:37.27	
156	Kim, Eric	West Torrance	23:38.43	
157	Persky, Ben	FR Santa Monica	23:55.76	
158	Torrey, Nicholas	FR Cams	24:02.50	
159	Abelson, Brent	FR South Torrance	24:10.51	
160	Alvarado, Matthew	FR Mira Costa	24:17.71	
161	Ryan, Jordan	FR South Torrance	24:30.20	
162	Fry, Bendon	FR Redondo Beach	24:31.25	69
163	Meneses, Feliciano	FR Santa Monica	24:37.68	
164	Hsin, Steve	West Torrance	24:41.77	
165	Park, Chul	West Torrance	24:46.22	
166	Ham, Jeffrey	FR Torrance	24:48.02	
167	Kim, Basil	West Torrance	24:55.19	
168	Torress, Kieth	West Torrance	24:57.80	
169	Lockhart, Jason	FR Beverly Hills	25:30.03	





## 2004 SOUTH BAY CUP TEAM RESULTS

(the top 2 times for each team are used from each race) Note: The **Total Time** seconds are in decimal.

multiply decimal time x 60 for seconds

BOYS	V 1	V 2	JV 1	JV 2	S 1	S 2	F 1	F 2	TOTAL TIME
<b>West Torrance</b>	15:11	15:17	16:17	17:21	16:13	16:20	17:09	17:27	131.25
Mira Costa	15:12	15:24	16:55	17:11	16:14	16:22	17:13	17:14	131.75
Torrance	15:26	15:31	17:07	17:21	16:46	17:10	18:09	19:06	136.60
South Torrance	15:17	15:38	18:06	18:16	17:55	18:06	17:21	18:48	139.45
Santa Monica	16:04	16:52	17:22	18:25	17:40	18:01	17:04	18:13	139.68
Peninsula	16:43	17:00	19:38	19:43	16:47	16:51	17:10	17:54	141.77
Beverly Hills	15:44	15:53	17:35	18:25	18:40	20:29	18:22	18:23	143.25
North Torrance	16:38	17:15	19:01	19:24	17:47	18:27	17:58	18:07	144.62
Palos Verdes	16:22	16:35	19:18	19:40	19:46	20:11	17:37	17:40	147.15

### GIRLS

<b>West Torrance</b>	17:37	18:13	19:58	20:11		20:13	21:12	119.25
Torrance	18:53	19:23	20:59	20:59		20:36	22:00	122.83
Mira Costa	19:02	19:05	20:16	21:29		21:18	21:45	122.92
Santa Monica	18:29	21:24	22:16	22:37		21:25	21:29	127.67
Redondo	17:59	18:39	22:47	23:07		23:03	23:09	128.73
Beverly Hills	19:26	20:48	21:50	22:23		22:45	23:06	130.30

### BOYS

#### SOUTH BAY CUP

West Torrance

#### Fastest Athlete

Steven DeCastro

West Torrance

15:11.54

### GIRLS

West Torrance

Angela Spadafino

West Torrance

17:37.08

### TEAM

#### VARSIITY BOYS

- 1 West Torrance
- 2 Mira Costa
- 3 Torrance

### INDIVIDUAL

- |                   |               |          |
|-------------------|---------------|----------|
| Steven DeCastro   | West Torrance | 15:11.54 |
| Daniel Villanueva | Mira Costa    | 15:12.49 |
| Jon Yi            | West Torrance | 15:17.06 |

#### VARSIITY GIRLS

1	West Torrance	Angela Spadafino	West Torrance	17:37.08
2	Mira Costa	Rebecca Sopp	Redondo Beach	17:59.98
3	Torrance	Alison Stoakley	West Torrance	18:13.43

## JV BOYS

1	West Torrance	Louis Castro	West Torrance	16:17.25
2	Torrance	Sarkis Peha	Mira Costa	16:55.03
3	Mira Costa	Jon Herrera	Torrance	17:07.54

## JV GIRLS

1	West Torrance	Danielle Breski	West Torrance	19:58.32
2	Torrance	Jaclyn White	Bishop Montgomery	20:05.95
3	Mira Costa	Tiffany Martinez	West Torrance	20:11.69

## SOPH BOYS

1	Mira Costa	Ashkon Banihashemi	West Torrance	16:13.03
2	West Torrance	Connor Rowe	Mira Costa	16:14.37
3	Peninsula	Jeff Ostrum	West Torrance	16:20.69

## FROSH GIRLS

1	Mira Costa	Elena Inoyue	West Torrance	20:13.50
2	West Torrance	Natalie Friess	Torrance	20:36.00
3	Santa Monica	Caitlyn Corrao	West Torrance	21:12.50

## FROSH BOYS

1	Mira Costa	Daman Coffman	Santa Monica	17:04.39
2	Peninsula	Rio Enomoto	West Torrance	17:09.88
3	West Torrance	Gregory Kemper	Peninsula	17:10.98