

1974 season...

non league meet

bell-jeff invitational

Griffith Park

Boys Distance 2.0 miles Girls Distance 1.0
mile

September 8, 1974

BOYS	TIME
Chris Griswald	13:52
Ron Pyles	13:56
Clark Watson	14:29
Doug Fleming	14:38
Dean Lathrop	14:57
Mark Young	15:08
Ron Oestreich	15:12
John Kerstiens	15:42
Mark Belles	16:41
Chris Kelly	17:28
Gary Greenberg	17:29
Jim Blethrow	18:41
Darryl Tanikawa	19:04
Scott Fleming	19:43
Dan Milligan	19:47
Robert Blethrow	unk
Jim Folkens	unk
Phil Briganti	unk

GIRLS

Jaydee Folkens	6:39
Debbie Wilson	7:00
Jean Palmer	unk

1974 season...

non league meet

moorpark invitational

Moorpark College

Distance 2.0 miles

September 21, 1974

VARSITY **TIME PLACE**

Ron Pyles	10:16	3	Team Finish 3rd / 14
Victor Sasuga	10:33	8	
Steve VanMeter	10:39	11	
Doug Fleming	10:54	19	
Mark Young	11:28	60	
Dean Lathrop	11:49	71	
Clark Watson	12:56	87	

JUNIOR

VARSITY

Ron Oestreich	11:05	2	Team Finish 1st / 14
Mike Companik	11:20	5	
Phil Briganti	11:34	10	
Andres Rodriguez	11:36	11	
Steve Flynn	11:51	20	
Mark Belles	12:00	25	
Greg Gatz	12:23	35	
Jose Alonso	12:47	53	
Gary Patrick	13:22	72	
Mike Kumamoto	13:46	90	
Jaydee Folkens	15:00	112	
Robert Yancey	16:39	126	

FROSH / SOPH

Gary Greenberg	12:30	56	Team Finish 12th / 15
Bob Chenier	13:01	81	
Dan Milligan	13:03	83	
Chris Kelly	13:43	96	

* Christiansens	13:52	99
Darryl Tanikawa	14:05	102
Scott Fleming	14:30	105
Debbie Wilson	14:52	109
Vince Guevara	15:13	114
Robert Blethrow	15:38	116

1974 season...

bay league meet

TORRANCE vs. SANTA MONICA

Distance 3.0 miles

September 27, 1974

VARSITY **TIME PLACE**

Victor Sasuga	13:49	1	Torrance 19 - Santa Monica 39
Steve VanMeter	14:05	2	
Ron Pyles	14:18	3	
Doug Fleming	14:49	6	
Ron Oestreich	14:56	7	
Mike Companik	15:04	8	
Phil Briganti	16:17	14	

JUNIOR **Torrance 21 - Santa Monica 36**

VARSITY

Dean Lathrop	15:20	2
Andres Rodriguez	15:54	3
Mark Belles	16:10	4
Jose Alonso	16:11	5
Gary Patrick	16:26	7
Steve Flynn	16:34	9
Mike Kumamoto	17:06	14
Greg Gatz	18:24	21
Robert Yancey	25:06	23

FROSH / SOPH **Torrance 18 - Santa Monica 45**

Mark Young	15:16	1
Chris Watson	15:16	2
Tony Scarcella	16:32	4

Chris Kelly	16:42	5
Roy Boldt	16:43	6
Greg Chamberlain	17:05	7
Kraig Goins	17:11	8
Dan Milligan	17:27	9
Gary Greenberg	17:30	10
Jay Krech	17:32	11
Bob Chenier	17:49	14
Jim Folkens	18:07	15
Greg Harris	18:16	17
Jim Blethrow	18:27	18
Randy McGarvey	18:54	22
Darryl Tanikawa	19:01	23
Debbie Wilson	19:03	24
Scott Fleming	19:23	25
Jean Palmer	20:14	27
Vince Guevara	20:40	28
Robert Blethrow	20:52	29
Miki Yamaguchi	20:56	30
Tom Lentini	20:56	31
Larry Kasko	22:43	32
Tom Johnson	23:25	33

1974 season...

non league meet

morningside invitational

Centinela Park

Distance 3.0 miles

September 28, 1974

SENIORS TIME PLACE

Victor Sasuga	10:08	2	Team Finish 1st / 11
Steve VanMeter	10:17	4	
Ron Pyles	10:22	7	
Doug Fleming	10:46	14	

Mike Companik	10:55	19
Steve Flynn	12:03	46
Mark Belles	11:59	45

JUNIORS

Andres Rodriguez	11:23	26	Team Finish 6th / 12
Jose Alonso	12:11	57	
Phil Briganti	11:34	37	
Ron Oestreich	10:56	14	
Greg Gatz	13:16	75	
Dean Lathrop	11:37	38	
Gary Patrick	12:11	58	
Robert Yancey	unk	85	

SOPHOMORE

Chris Watson	11:18	13	Team Finish 9th / 12
Mark Young	11:37	29	
Tony Scarcella	11:48	39	
Chris Kelly	unk	66	
Bob Chenier	unk	69	
Jim Blethrow	unk	92	
Darryl Tanikawa	unk	97	
Debbie Wilson	unk	98	

FRESHMAN

Gary Greenberg	12:28	21	Team Finish 8th / 9
Kraig Goins	12:46	23	
Dan Milligan	12:47	24	
Jay Krech	13:21	42	
Scott Fleming	unk	63	
Vince Guevara	unk	68	
Jean Palmer	unk	71	
Tom Lentini	unk	73	
Robert Blethrow	unk	75	
Larry Kasko	unk	80	
Tom Johnson	unk	unk	

1974 season...

bay league meet

TORRANCE vs. NORTH**TORRANCE**

Distance 3.0 miles

October 4, 1974

VARSAITY**TIME PLACE**

Steve VanMeter	15:00	1	Torrance 19 - North Torrance 39
Ron Pyles	15:04	2	
Victor Sasuga	15:05	3	
Ron Oestreich	15:49	6	
Doug Fleming	15:54	7	
Mike Companik	16:11	8	
Phil Briganti	17:07	12	

JUNIOR**VARSAITY**

Dean Lathrop	16:22	1	Torrance 15 - North Torrance 49
Andres Rodriguez	16:51	2	
Mark Belles	17:13	3	
Steve Flynn	17:13	4	
Jose Alonso	17:20	5	
Mike Kumamoto	17:36	6	
Gary Patrick	17:59	8	
Greg Gatz	18:10	9	
Robert Yancey	22:07	16	

SOPHOMORE

Chris Watson	16:25	1	Torrance 27 1/2 - North Torrance 27 1/2 (Tie)
Mark Young	16:43	2	
Tony Scarcella	17:13	7	
Chris Kelly	17:56	8	
Bob Chenier	17:58	10	
Greg Chamberlin	18:59	12	
Robert Proebstl	19:13	13	
Darryl Tanikawa	20:06	18	
Debbie Wilson	20:21	19	

FRESHMAN

Gary Greenberg	17:49	1	Torrance 15 - North Torrance 47
Roy Boldt	18:31	2	
Dan Milligan	18:39	3	
Greg Harris	18:43	4	

Kraig Goins	19:15	5
Jay Krech	19:46	7
Scott Fleming	20:08	9
Randy McGarvey	20:37	10
Vince Guevara	20:43	11
Mike Cullinan	20:48	12
Jean Palmer	20:55	13
Tom Lentini	21:45	14
Robert Blethrow	22:23	17
Miki Yamaguchi	23:42	20
Tom Johnson	24:54	21

1974 season...

bay league meet

TORRANCE vs. WEST

TORRANCE

Distance 3.0 miles

October 11, 1974

VARSITY

TIME PLACE

Steve VanMeter	14:57	1	Torrance 18 - West Torrance 39
Ron Pyles	14:14	2	
Victor Sasuga	15:21	3	
Ron Oestreich	15:46	5	
Doug Fleming	15:57	7	
Mike Companik	16:11	9	
Dean Lathrop	16:24	12	

JUNIOR

VARSITY

Phil Briganti	16:36	1	Torrance 18 - West Torrance 39
Andres Rodriguez	16:36	2	
Mark Belles	17:15	4	
Steve Flynn	17:20	5	
Jose Alonso	17:23	6	
Mike Kumamoto	17:56	10	
Greg Gatz	18:03	11	
Gary Patrick	18:10	12	

SOPHOMORE**Torrance 20 - West Torrance 35**

Chris Watson	16:24	1
Mark Young	16:30	2
Tony Scarcella	16:56	3
Bob Chenier	17:29	6
Chris Kelly	17:43	8
Robert Proebstl	18:16	11
Greg Chamberlin	18:19	12
Bill Wade	19:15	14
Jim Folkens	19:24	15
John Chamberland	19:33	16
Jim Blethrow	19:44	18
Debbie Wilson	20:37	21
Darryl Tanikawa	20:46	22

FRESHMAN**Torrance 24 - West Torrance 33**

Kraig Goins	17:52	1
Gary Greenberg	18:06	4
Roy Boldt	18:19	5
Dan Milligan	18:26	6
Jay Krech	18:42	8
Greg Harris	18:47	9
Mike Cullinan	19:35	14
Randy McGarvey	19:58	20
Scott Fleming	20:15	24
Tom Lentini	20:26	25
Scott Seagren	21:39	28
Miki Yamaguchi	21:56	29
Tom Johnson	22:00	30
Robert Blethrow	22:37	32
Larry Kasko	23:12	33

1974 season...

non league meet

el camino invitational

Distance 2.0 miles

October 12, 1974

VARSITY **TIME PLACE**

Steve VanMeter	9:39	1	Team Finish 1st / 6
Victor Sasuga	9:41	2	
Ron Pyles	9:46	5	
Ron Oestreich	10:29	14	
Doug Fleming	10:30	15	
Greg Gatz	12:15	33	
Gary Patrick	12:47	34	

JUNIOR
VARSITY

Mike Companik	10:26	1	Team Finish 1st / 5
Andres Rodriguez	10:43	4	
Dean Lathrop	10:44	5	
Phil Briganti	10:53	8	
Steve Flynn	11:02	9	
Mark Belles	11:20	14	
Jose Alonso	11:20	15	
Mike Kumamoto	11:32	20	

SOPHOMORE

Chris Watson	10:39	4	Team Finish 3rd / 6
Mark Young	10:59	10	
Tony Scarcella	11:19	19	
Greg Chamberlin	11:23	21	
Robert Proebstl	11:45	31	
Bob Chenier	11:49	33	
Chris Kelly	11:55	35	

FRESHMAN

Gary Greenberg	11:34	6	Team Finish 3rd / 5
Kraig Goins	11:55	12	
Dan Milligan	12:07	16	
Mike Cullinan	12:31	20	
Jay Krech	12:32	21	
Scott Fleming	13:23	32	
Tom Johnson	14:31	37	

1974 season...

bay league meet

TORRANCE vs. ROLLING HILLS

Distance 2.85 miles

October 18, 1974

VARSITY TIME PLACE

Steve VanMeter	15:28	1	Torrance 25 - Rolling Hills 30
Victor Sasuga	15:28	2	
Ron Pyles	15:28	3	
Doug Fleming	16:22	9	
Mike Companik	16:27	10	
Phil Briganti	17:24	11	
Dean Lathrop	17:26	12	

JUNIOR

VARSITY

Andres Rodriguez	16:25	1	Torrance 43 - Rolling Hills 20
Jose Alonso	17:26	9	
Mike Kumamoto	18:20	14	
Mark Belles	18:34	16	
Steve Flynn	18:44	17	
Greg Gatz	19:03	18	
Robert Yancey	29:09	22	

SOPHOMORE

Chris Watson	16:20	3	Torrance 36 - Rolling Hills 20
Mark Young	17:10	6	
Tony Scarcella	17:42	7	
Bob Chenier	18:21	9	
Robert Proebstl	18:37	11	
Chris Kelly	18:55	12	
John Chamberland	20:14	13	
Jim Blethrow	20:23	14	
Bill Wade	21:04	15	
Darryl Tanikawa	21:15	16	
Jim Folkens	21:51	17	
Debbie Wilson	dnf		

FRESHMAN

Roy Boldt	18:07	6	Torrance 40 - Rolling Hills 15
Gary Greenberg	18:12	7	
Kraig Goins	18:30	8	
Greg Harris	18:50	9	
Tom Johnson	18:53	10	
Jay Krech	19:03	12	
Dan Milligan	20:12	17	
Randy McGarvey	20:17	18	
Mike Cullinan	20:20	19	
Scott Fleming	20:48	21	
Scott Seagren	21:30	22	
Vince Guevara	21:36	23	
Robert Blethrow	21:41	24	
Miki Yamaguchi	21:58	25	
Tom Lentini	22:31	26	
Larry Kasko	unk	28	

1974 season...

non league meet

palos verdes invitational

Distance 2.2 miles

October 19, 1974

VARSITY	TIME	PLACE	
Race 1 - Steve VanMeter	11:16	5	Team Finish 3rd / 19
Race 2 - Ron Pyles	11:25	2	
Race 3 - Victor Sasuga	11:31	2	
Race 4 - Doug Fleming	12:20	9	
Race 5 - Andres Rodriguez	12:21	7	
Race 6 - Mike Companik	12:07	3	
Race 7 - Dean Lathrop	12:30	4	

JUNIOR VARSITY

Phil Briganti	12:49	14	Team Finish 3rd / 8
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Jose Alonso	13:06	17
Steve Flynn	13:19	22
Mark Belles	13:33	31
Mike Kumamoto	13:52	41

SOPHOMORE

Chris Watson	12:17	6	Team Finish 7th / 10
Mark Young	12:38	12	
Tony Scarcella	13:19	37	
Chris Kelly	13:38	48	
Bob Chenier	13:44	51	
John Chamberland	14:18	61	
Darryl Tanikawa	14:32	67	

FRESHMAN

Kraig Goins	13:37	7	Team Finish 3rd / 6
Jay Krech	13:37	14	
Dan Milligan	14:00	15	
Roy Boldt	14:13	20	
Greg Harris	14:24	22	
Mike Cullinan	14:44	30	
Scott Fleming	15:45	38	

1974 season...

bay league meet

TORRANCE vs. MIRA COSTA

Distance 3.0 miles

October 25, 1974

VARSITY	TIME	PLACE	
Victor Sasuga	14:41	1	Torrance 19 - Mira Costa 40
Steve VanMeter	14:42	2	
Ron Pyles	15:16	4	
Mike Companik	15:58	5	
Doug Fleming	16:10	7	
Clark Watson	16:25	9	
Dean Lathrop	16:26	10	

**JUNIOR
VARSITY**

Ron Oestreich	16:17	1	Torrance Wins - Mira Costa Forfeits
Andres Rodriguez	16:30	2	
Phil Briganti	16:37	3	
Jose Alonso	17:19	4	
Mike Kumamoto	17:39	5	
Steve Flynn	17:45	6	
Mark Belles	17:45	7	
Greg Gatz	17:59	8	
Robert Yancey	22:25	9	
Joy Folkens	22:31	10	

SOPHOMORE

Mark Young	16:45	1	Torrance 23 - Mira Costa 33
Tony Scarcella	16:57	3	
Chris Kelly	17:23	5	
Bob Chenier	17:28	6	
Robert Proebstl	17:33	8	
Greg Chamberlin	17:37	10	
John Chamberland	18:41	18	
Bill Wade	19:27	19	
Jim Blethrow	19:28	20	
Jim Folkens	19:29	21	
Debbie Wilson	19:34	22	

FRESHMAN

Roy Boldt	17:50	5	Torrance 41 - Mira Costa 17
Jay Krech	17:55	6	
Dan Milligan	18:23	8	
Kraig Goins	18:23	9	
Randy McGarvey	19:19	16	
Scott Seagren	19:43	19	
Mike Cullinan	20:06	22	
Vince Guevara	20:28	25	
Miki Yamaguchi	20:51	27	
Tom Johnson	21:52	28	
Larry Kasko	22:24	30	
Robert Blethrow	23:30	31	
Steve Reasor	24:35	32	

1974 season...

bay league meet

TORRANCE vs. PALOS VERDES

Distance 3.0 miles

October 31, 1974

VARSITY

	TIME	PLACE	
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Victor Sasuga	14:48	2	Torrance 40 - Palos Verdes 21
Ron Pyles	15:00	5	
Steve VanMeter	15:42	10	
Clark Watson	16:00	11	
Doug Fleming	16:05	12	
Ron Oestreich	16:08	13	
Mike Companik	16:11	14	

JUNIOR

VARVITY

	TIME	PLACE	
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Dean Lathrop	16:19	4	Torrance 40 - Palos Verdes 19
Andres Rodriguez	16:33	6	
Phil Briganti	16:33	7	
Jose Alonso	16:51	12	
Mark Belles	17:10	14	
Mike Kumamoto	17:23	15	
Greg Gatz	17:28	16	
Steve Flynn	17:59	17	
Robert Yancey	22:34	20	

SOPHOMORE

	TIME	PLACE	
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Tony Scarcella	17:19	6	Torrance 40 - Palos Verdes 15
Chris Kelly	17:25	7	
Mark Young	17:39	8	
Bob Chenier	17:42	9	
Greg Chamberlin	17:42	10	
Robert Proebstl	19:08	11	
John Chamberland	19:19	12	
Jim Blethrow	19:22	14	
Debbie Wilson	19:49	15	
Darryl Tanikawa	20:48	16	

FRESHMAN

Gary Greenberg	17:52	11	Torrance 50 - Palos Verdes 15
Jay Krech	17:55	12	
Dan Milligan	18:04	13	
Roy Boldt	18:28	15	
Kraig Goins	18:45	17	
Greg Harris	18:58	18	
Mike Cullinan	19:03	19	
Randy McGarvey	19:33	23	
Scott Fleming	20:08	24	
Scott Seagren	20:27	25	
Steve Reasor	20:30	26	
Tom Johnson	21:04	29	
Tom Lentini	21:06	31	
Larry Kasko	21:57	32	
Miki Yamaguchi	22:34	33	
Vince Guevara	23:37	34	
Robert Blethrow	24:23	35	

1974 season...

bay league meet

TORRANCE vs. SOUTH

TORRANCE

Distance 3.0 miles

November 8, 1974

VARSITY TIME PLACE

Steve VanMeter	15:33	1	Torrance 19 - South Torrance 41
Ron Pyles	15:33	2	
Victor Sasuga	15:33	3	
Doug Fleming	16:05	6	
Mike Companik	16:10	7	
Ron Oestreich	16:27	8	
Dean Lathrop	17:08	10	

JUNIOR

VARSITY

Andres Rodriguez	16:48	1	Torrance 22 - South Torrance 35
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Phil Briganti	17:31	3
Jose Alonso	17:32	4
Steve Flynn	17:42	6
Greg Gatz	17:58	8
Mark Belles	18:00	9
Mike Kumamoto	18:09	12
Gary Patrick	19:44	15
Robert Yancey	24:26	17

SOPHOMORE

Mark Young	17:18	1	Torrance 29 - South Torrance 27
Chris Kelly	17:33	4	
Tony Scarcella	17:39	7	
Robert Proebstl	17:54	8	
Greg Chamberlin	17:55	9	
Bob Chenier	18:11	10	
John Chamberland	18:37	13	
Jim Blethrow	19:39	16	
Debbie Wilson	19:56	18	
Jim Folkens	19:58	19	
Darryl Tanikawa	20:00	20	

FRESHMAN

Gary Greenberg	17:42	2	Torrance 43 - South Torrance 19
Roy Boldt	18:29	8	
Dan Milligan	18:39	10	
Kraig Goins	18:39	11	
Mike Cullinan	18:44	12	
Greg Harris	19:06	13	
Scott Seagren	19:57	17	
Randy McGarvey	20:12	18	
Jay Krech	20:14	19	
Scott Fleming	20:20	22	
Steve Reasor	20:30	23	
Vince Guevara	20:58	25	
Tom Johnson	21:28	27	
Miki Yamaguchi	21:55	29	
Tom Lentini	21:48	31	
Larry Kasko	22:02	32	
Robert Blethrow	unk	35	

1974 season...

bay league meet

Bay League Finals

Distance 3.0 miles - Centinela Park

November 14, 1974

VARSITY	TIME	PLACE	
Ron Pyles	16:17	2	League Finish 2nd Place
Steve VanMeter	16:33	7	
Victor Sasuga	16:38	8	
Doug Fleming	17:16	18	
Mike Companik	17:24	21	
Ron Oestreich	17:43	31	
Andres Rodriguez	18:00	39	

JUNIOR

VARSITY	TIME	PLACE	
Dean Lathrop	17:46	2	League Finish 3d Place
Jose Alonso	18:38	13	
Phil Briganti	18:41	14	
Mark Belles	18:51	21	
Steve Flynn	19:29	32	
Greg Gatz	19:40	36	
Mike Kumamoto	19:41	38	
Gary Patrick	20:48	57	
Robert Yancey	25:30	68	

SOPHOMORE

Chris Watson	18:14	10	League Finish 6th Place
Chris Kelly	19:00	29	
Greg Chamberlin	19:01	30	
Tony Scarcella	19:12	36	
Mark Young	19:20	38	
Bob Chenier	19:30	44	
Robert Proebstl	19:52	50	
John Chamberland	20:14	56	
Jim Folkens	21:40	72	
Debbie Wilson	21:54	74	

Darryl Tanikawa 22:52 78

FRESHMAN

Gary Greenberg	19:20	League Finish 6th Place
Dan Milligan	19:52	
Kraig Goins	20:00	
Greg Harris	20:03	
Scott Seagren	21:11	
Randy McGarvey	21:23	
Steve Reasor	21:38	
Scott Fleming	22:03	
Tom Johnson	22:44	
Vince Guevara	23:08	

1974 season...

non league meet

cif prelims

Mt Sac College

Course - 2.0 miles

November 23, 1974

VARSITY BOYS TIME PLACE

Dean Lathrop	10:31	3	Finish 2nd Place - Advances to CIF Finals
Steve VanMeter	10:32	6	
Ron Pyles	10:52	19	
Mike Companik	11:10	32	
Ron Oestreich	11:14	42	
Doug Fleming	11:16	46	
Victor Sasuga	dnf		

1974 season...

non league meet



Mt Sac College

Course - 2.0 miles

November 30, 1974

VARSIITY BOYS TIME PLACE

Steve VanMeter 10:32 12 **Team Finish 2nd Place**

Ron Pyles 10:36 17

Victor Sasuga 10:40 19

Mike Companik 10:48 25

Doug Fleming 11:01 35

Ron Oestreich 11:38 66

Andres Rodriguez 11:45 67